



Follow-Up After Behavioral Health Inpatient Hospitalization

Molina Healthcare is committed to improved health outcomes for our members. Follow-up after hospitalization is critical for a patient's health and well-being, including prevention of readmission.

Patients with mental health or substance abuse disorders should attend follow-up treatment within 7 days of discharge.

My patient is being discharged from the hospital. How can I impact compliance with outpatient follow-up appointments?

- Patient Education
 - Explain the illness and treatment in clear, understandable terms without medical jargon.
 - Address misconceptions and fears or negative beliefs about treatment.
 - Offer handouts or brochures with key information for patients to take home and review.
- Address Barriers to Adherence
 - Provide a scheduled follow-up appointment date and time that is within 7 days of discharge.
 - Ensure the patient has access to transportation. Assist with scheduling, as needed.
 - Involve family members in supporting the patient's adherence to treatment.
 - Consider alternative housing options for patients who lack a natural support system.

My patient is often re-hospitalized due to noncompliance with medications. How can I facilitate medication compliance?

- Provide clear, understandable information about the purpose of the medication.
- Address concerns about potential side effects.
- Simplify medication regimens by reducing the number of medications and doses whenever possible.
- Consider long-acting injectable medications.
- Synchronize refills so that patients can pick up all their medications at the same time.

I am a primary care physician. How can I help?

Primary care physicians play an important role in ensuring that patients receive appropriate follow-up care. Molina sends daily member discharge reports to providers via email. If you are not receiving these communications, please make sure that you have an email address on file with Molina.

You can refer patients to behavioral health treatment for continued care. Even patients receiving medication from their primary care provider need post-discharge therapy with a behavioral health clinician.

If assistance is needed to locate a timely follow-up appointment, contact: MFL-TOC@MolinahealthCare.com.

Please visit www.molinahealthcare.com and click "Find A Doctor" for our online provider directory.

If you have questions, please contact Molina Healthcare of Florida at 855-322-4076. Thank you for your continued care to our members!