



Just the Fax

A fax bulletin from Molina Healthcare of Washington – August 30, 2024

Antidepressant Medication Management (AMM) Provider Newsletter

There is still time to affect the antidepressant Medication Management (AMM) HEDIS measure before it is retired in 2025. The measure applies to the percentage of members 18 years of age and older who were treated with antidepressant medication, had a diagnosis of major depression and who remained on an antidepressant medication treatment.

How to Improve Medication Adherence:

- Educate Patients
 - Shared decision making if the patient is unsure about taking an antidepressant.
 - Consider Behavior Health therapy as first line treatment (no referral needed).
 - If the patient chooses to stop the medication before the 180 days are filled, they are still in the denominator.
 - Provide reassurance that depression is common and can be treated.
 - Most antidepressants take up to 6 weeks to work before the patient starts to feel better.
 - In many cases, sleep and appetite improve first while improvement in mood, energy and negative thinking may take longer.
 - The connection between taking an antidepressant and signs and symptoms of improvement.
 - Common side effects, how long the side effects may last and how to manage them.
 - What to do if there are questions or concerns:
 - Consider partnering with Behavior Health and Pharmacy team to conduct calls and warm hand off or education when needed.
- Note: Your patient may be eligible for Medication Therapy Management if they have at least eight (8) chronic medications and at least three (3) qualifying diagnoses. Contact the Care Coordination/Case Management Department at Molina Healthcare for additional information.

Strategies for your patient to remember to take the antidepressant daily:

- Auto-fill refills at the pharmacy
- 90-Day fill
- Mail order pharmacy – CVS Caremark Mail Service Pharmacy
 - ePrescribe the prescription in using your ePrescribing tool

If you have questions, contact your local Molina Healthcare Provider Services representative at: (855) 322-4082.

Thank you,
Molina Healthcare of Washington