Preventive Health Guidelines Update
August 4, 2023
(Medicaid, Marketplace, Medicare)

Preventive Health Guidelines (PHG) can benefit providers and their patients. Guidelines are based on scientific evidence, review of the medical literature, or appropriately established authority, as cited. All recommendations are based on published consensus guidelines and do not favor any particular treatment based solely on cost considerations. These guidelines are meant to recommend a standard level of care and do not preclude the delivery of additional preventive services depending on the individual needs of the patient. Molina Healthcare reviewed/adopted the following Preventive Health Guidelines:

Preventive Health Guidelines	Revision Date	Molina Adopted/ Reviewed Date	Link to Cited Sources
Adult Preventive Services Recommendations	June 2023	July 19, 2023	https://www.uspreventiveservicestaskforce.org/uspstf/topic_search_results?topic_status=P

Summary of Updates

Depression and Suicide Risk in Adults: Screening
Source: U.S. Preventive Services Task Force (USPSTF)
Updates: The USPSTF recommends screening for depression in the adult population, including pregnant and postpartum persons, as well as older adults (65 years or older).

Anxiety Disorders in Adults: Screening
Source: USPSTF
Updates: The USPSTF recommends screening for anxiety disorders in adults 64 years or younger, including pregnant and postpartum persons.

Link to PHGs - https://www.molinahealthcare.com/providers/wa/medicaid/resource/WA_PHGs.aspx

You can also view all guidelines at MolinaHealthcare.com by accessing the Health Resources section within our provider webpages. To request printed copies of Preventive Health Guidelines, please contact the Provider Services Call Center (855) 322-4082 from 7:30 a.m. - 6:30 p.m., Monday to Friday, PT.