

# What to do when you're having dental pain?

Are you having dental pain and not sure what to do?  
Don't worry, we're here to help you!



## What are my options?



### Dental Provider

Call your dentist day or night. After hours, on-call staff will return your call.

#### When you have a minor issue that requires medical care:

- Routine and regular dental care
- Toothache or chipped tooth
- Orthodontic procedures for non-emergent issues
- Teeth pulling
- Cosmetic dental procedures



### Urgent Dental Care

Urgent care centers are a great option if you need care after hours.

#### When it's not an emergency but you need care right away:

- Severe dental pain
- Broken teeth
- Dental treatment required before medical procedures
- Denture adjustments or repairs



### Cosmetic Dental Procedures

If you've had a procedure by an oral surgeon.

#### Contact your dental provider or specialist for:

- Additional surgical post operative care



### Dental Emergencies

Call **911** or go to the nearest ER.

#### When you think your life or health is in danger:

- Bleeding that won't stop
- Infection with swelling on the inside or outside of the mouth
- Head trauma or trauma of facial bones that may affect airways



### Still have questions?

Our nurse advice is just a phone call away. Call the 24-hour Nurse Advice Line. **English: (888) 274-8750 | Spanish: (866) 648-6537 | (TTY: 711)**

You can also check out these Dental Managed Organizations that may be in your area by scanning this QR Code.

