## Molina Assures healthy Mothers and Infants (MAMI) program

Are you expecting or planning to start a family soon? We're here to support you every step of the way with our Molina Assures Healthy Mothers and Infants (MAMI) program!

## What is MAMI?

Our MAMI program gives you access to maternal case management services that are tailored to your needs and preexisting risks. These services can help you have a healthy journey through pregnancy, postpartum, and thefirst year of your baby's life.

## How can MAMI help you?

Your dedicated case manager will provide support, resources, and information on:

- Your First, Second, and Third Trimester
- Pregnancy/Postpartum conditions specific to you
- · Guidance on doctor's visits
- Preeclampsia Prevention
- Urgent Maternal Warning Signs
- Hypertension and Diabetes Management
- Access to community resources and assistance
- Perinatal Mental Health (ex. Postpartum Depression)
- What to expect during Delivery
- Hospital registration assistance
- Feeding your baby, including lactation information
- · Newborn education
- Postpartum education
- Staying healthy after pregnancy (Transition to Primary Care)
- · Contraception and family planning
- Molina's Value-Added Services



## We're here for you!

Don't hesitate to reach out to us for more information or to enroll in the MAMI program.

Call (866) 448-6849 or visit

Pregnancy Rewards Program (molinahealthcare.com) today!



With MAMI, we can help create a healthy journey for you and your little one!



