

Your rewards are waiting!

Please complete the form below to claim your rewards.



Mail the completed form back to Senior Whole Health in an envelope with a stamp by 12/31/2025.



You must be a SWH member to take part in the Healthy Actions Rewards Program.



Please mail to:

ATTN: Healthy Actions Rewards Program
18625 West Creek Dr.
Tinley Park, IL 60477

First and Last Name: _____

Date of Birth: _____

Address: _____

Phone Number: _____

SWH ID Number: _____

Screening	Date of Appointment	Office and Doctor's Name	Reward Value
Annual Wellness Visit: Yearly visit with your doctor or in-home visit with the Care Connections Team.			\$125
Preventative Cancer Screenings			
Colon Cancer Screening: Screening to check for signs of colon cancer.			\$75
Breast Cancer Screening: Mammogram to check for signs of breast cancer.			\$75
Diabetes Screenings			
A1c Test: Blood test to check your blood sugar levels.			\$75
Diabetic Eye Exam: Yearly eye exam with your eye doctor.			
Diabetic Kidney Health Evaluation: Urine and blood test to check your kidney health.			
Flu Shot: Yearly vaccine to lower your chances of getting the flu.			\$25