

Talk to Your Doctor About Drugs and Alcohol

Why would I talk to my doctor about alcohol and drugs?

Just remember that your PCP is on your side, so it's important to be honest. The more your PCP knows about you and what you're dealing with, the more he or she can help you.

Your PCP can:

- **Help** you understand the risks of drugs and alcohol and the effects they have on you.
- **Treat** any medical problems that may occur or worsen because of alcohol or drug use.
- **Refer** you to others who can help you reach your recovery goals.
- **Support** you while you're in recovery.

We are here to help! If you need help finding a provider or have any questions, call us at **1-800-578-0603**, TTY users call **711**.



Your primary care provider (PCP) is your main doctor who knows you the best. Your PCP plays a big part in helping you stay healthy — so think of your PCP as your medical home!

You can visit your PCP for checkups, when you get sick, and to talk about all of your health concerns. This includes talking to your doctor about any issues you might have with alcohol or drugs.

Sources: American Society of Addiction Medicine (ASAM); Am. Fam. Physician, July 2013; Office of the Surgeon General

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