

Do you have questions?

Call our 24-hour Nurse Advice Line. We are here to help you.



English:

(800) 606-9880

Español:

(800) 606-9880

TTY/TDD: 711

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PassportHealthPlan.com



Car Seat Safety

Caring for Your New Baby

How do I install a rear-facing car seat correctly?

Every car seat has different installation instructions. Here are some key tips to remember:

- Read both the car seat instruction manual and the owner's manual of your car that talk about car seat installation.
- Secure the car seat tightly. It should not move side-to-side or front-to-back.
- Install the car seat at the correct recline angle.

How do I place my baby in the car seat correctly?

1. Secure the harness on your baby. Make sure the harness straps lay flat and are not twisted.
2. Buckle the harness and the chest clip, and tighten.
3. Make sure the chest clip is at armpit level.

How long should my baby sit in a rear-facing car seat?

Your baby should ride in a rear-facing child safety seat as long as possible.

Use a rear-facing car seat until your baby is **2 years old** or when your baby reaches the upper height and weight limit of the seat. Some rear-facing car seats can hold the height and weight of a 3 year old child.



There are many types of car seats. Your new baby needs a rear-facing car seat. This is the best seat to keep your baby safe.

Install the car seat in the back seat of your car.