## 2024 Over-the-Counter (OTC) Product Catalog

Get OTC products delivered to your doorstep at no additional cost!



Molinaia.NationsBenefits.com

# Personalize Your Shopping with NationsBenefits®

#### Hello, Valued Member:

We would like to take this opportunity to welcome you and thank you for choosing **Molina Healthcare of Iowa** to participate in your health care. You have an OTC benefit through **NationsBenefits** that gives you access to hundreds of OTC products across a variety of categories.

Using your benefit allowance is easy and we encourage you to keep this catalog where it is easily accessible. This booklet includes an order form and postage-paid envelope for your convenience.

You also have access to the personalized Benefits Pro Portal, making ordering even easier. Get started by visiting **Molinaia.NationsBenefits.com** and log into your account. If this is your first time visiting the portal, please register by following the instructions on the webpage.

Once logged in, you can easily:

- Search by category, price, and more
- **View** product descriptions, images, and related condition information
- Check your available benefit allowance
- Order health and wellness products
- Track your order status in real-time



If you need help with the Benefits Pro Portal or placing an order, please call **877-391-6245 (TTY: 711)**. Member Experience Advisors are available 8 a.m. - 8 p.m. local time. Language support services are available if needed, free of charge.

Sincerely,

### Your NationsBenefits Team

## Helpful Benefit Information



You can save time and money by using your OTC benefit allowance to order the items you need to personalize your care. We encourage you to spend your full allowance before the end of your benefit period.

### Additional information about your OTC benefit is outlined below:



#### **Benefit Usage:**

This benefit is only for you and cannot be used for your family or friends.

## Availability:

Items, amounts, sizes, and values are subject to change depending on availability.



### Substitution:

If an item is out of stock, a similar product of equal or higher value will be shipped.



#### **Delivery:**

Please allow two business days for delivery.



#### **Returns:**

Due to the personal nature of these products, you do not have to ship products you wish to return back to NationsBenefits.

## $\mathbf{X}$

#### **Disenrollment:**

If you disenroll from your health plan, your OTC benefit will automatically end.

## Ordering OTC Products Has Never Been Easier

Choose the best ordering option for you.





To place an order through the Benefits Pro Portal, scan the QR code using your smartphone camera or visit: **Molinaia.NationsBenefits.com**  To place an order through the Benefits Pro app, scan the QR code using your smartphone or search **"Benefits Pro"** in the App Store or Google Play.

**Benefits Pro** 

App







o place an order by mail, send your compl

To place an order by mail, send your completed order form using the postage-paid envelope to:

NationsBenefits 1700 N. University Drive Plantation, FL 33322

**Important:** Due to the added time to receive your request by mail, we encourage you to allow extra time when placing your order. If your order is not received by the 20th of the month, it may be processed for the following benefit period. If you want your order applied to the current benefit period, we recommend placing your order online or by phone.



## Call

To place an order by phone, please call **877-391-6245 (TTY: 711)**. Member Experience Advisors are available 8 a.m. - 8 p.m. local time.

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Les en normalisés MARLES RELEP Martines à Suada en Prote Col Natagranges	Cough Drops, Halls® Count: 25	)	GOODSEXSE Tropical Lip Balm Goodse, Peters and Municuse	Medicated Lip Balm Count: 1	, 0.15 oz.
There are a set of the	Item #: 5202	\$5.00	Nerve 23 series	Item #: 5559	\$3.00
	Vapor Rub, 3.5 oz. Count: 1		Acceptant to Effective Article Annual Market Denture Clean State Clean State S	Denture Cleaning Ta Count: 40	ablets
Cough Suppose and the second sec	Item #: 5511	\$6.00	40 EFFERVESCENT	Item #: 5546	\$5.50
Arrows Arrows	Interdental Flossers Count: 90			Mouthwash, Listerin Mint, 8.5 oz. Count: 1	le®
90 ELOSSERS - 1	Item #: 5200	\$4.50		Item #: 4110	\$6.50
	Toothbrush, Colgate Adult Medium Count: 1	@		Toothbrush, Colgate Adult Soft Count: 1	Ż®
i Colga	Item #: 5101	\$3.50	i Colgat «	Item #: 5505	\$3.50
2 Pack	Toothbrush, Soft 2-p Count: 1	back	Colgate Cavity 60%	Toothpaste, Colgate Count: 1	<sup>.e</sup> , 4 oz.
	Item #: 5702	\$6.00		Item #: 5047	\$5.00

	Toothpaste, Crest® Sensi-Relief, 4.1 oz. Count: 1		freshing viewer	Toothpaste, Sensitiv 4.3 oz. Count: 1	e Teeth,
	Item #: 5811	\$8.50		Item #: 5421	\$5.00
	Toothpaste, Sensody Extra Whitening Sen Teeth, 4 oz. Count: 1		And the state of t	Alcohol Pads Count: 100	
	Item #: 4065	\$11.50		Item #: 5295	\$4.50
	Antacid Chewables, Extra Strength, 750 r Count: 96	ng.	Accessed Constraints of the second Constraints	Loperamide Anti-Dia Caplets, 2 mg. Count: 12	arrheal
Asserbed Revy. 86 Transmittation	Item #: 5438	\$5.50	12 Capers	Item #: 5429	\$6.50
Inclusion GOODSENSE: Brente Actificial December Inclusion References Control of Set University Southers	Artificial Tears Drops Count: 1	, 0.5 oz.	REDNESS REDNESS RELEVESS RELEVESS RECN	Clear Eyes® Eye Dro 0.2 oz. Count: 1	ops,
COMPART No. way way want of a standard for any of a standard for a standard for a standard for any of a standard for a s	Item #: 5004	\$6.25	BURNAUCH BRITATOLOGI RANKER RANKER BRITATOLOGI BRITATOLOGI BR	Item #: 5487	\$5.00
Cotton Swabs	Cotton Swabs Count: 300		The Alternative New Decision of the Alternative Decision o	Q-Tips® Cotton Swa Count: 170	bs
- siz	Item #: 5385	\$4.50		Item #: 5608	\$5.00

	Feminine Hygiene V Count: 40	Vipes	Р В/ О О О	DERLITE LASTIC Warman State Martine State Marti	Bandages, Assorted Count: 100	
	Item #: 5114	\$5.50			Item #: 5173	\$6.00
	Band-Aids® Count: 100		N	MediGuard' ES	Disposable Gloves, Nitrile, Medium Count: 100	
Confortable protection that protections and free Source of the last of the source of the source Source of the last of the source of the last of the source of the last of the last of the last of the source of the last of the last of the last of the last of the last of the last of the last of the last of the last of the last of the last of the last of the last of the last of the last of th	Item #: 5128	\$12.50			Item #: 5193	\$17.00
MediGuard' ES	Disposable Gloves, Nitrile, Large Count: 100		) H	CARE ALL Andri-Incomentation management and a series of the management and a series of the management of the series of the series of the series of the series of the series of the series of the series of the series of the series of the series of the series of the series of the serie	Hydrocortisone Crea 1%, 1 oz. Count: 1	am,
	Item #: 5191	\$17.00			Item #: 5400	\$5.00
Hydrox Hodroxan Nor ovcase 3 %	Hydrogen Peroxide, Count: 1	3%, 8 oz.	4 Decretar		Neosporin <sup>®</sup> Plus, 0.5 Count: 1	5 oz.
In a constant in a fill prime must sport and	Item #: 5227	\$3.75			Item #: 5250	\$11.00
	Rubbing Alcohol, 70 Count: 1	%, <b>16 oz</b> .		Experimental Right Light	Night Light Count: 1	
norden ander 16 Fra dez Hirtz Ander	Item #: 5541	\$4.00		use jacked.cm	Item #: 5639	\$6.00

Adult Washcloths Disposabl Count: 48		sposable		Bathing Wipes Count: 8	
	Item #: 5447	\$7.00		Item #: 5825	\$9.00
Attends Underwear Underwear	Disposable Underwe Pull-Up, Medium, 34 Count: 20		Attends Of Concernance International Statements of Concernance International Statement	Disposable Underw Pull-Up, Large, 44" Count: 18	
A. A. Brann	Item #: 5883	\$12.00		Item #: 5882	\$12.00
Martine Barrier Barrie	Flushable Wipes Count: 24		GERI (CARE' LITRASTENDIT KITRASTENDIT SOIDS	Acetaminophen Extra Strength Table 500 mg. Count: 100	ets,
	Item #: 5529	\$7.50	Partiel is a stantisk of the s	Item #: 5303	\$6.50
	Aspirin Chewables, Low Dose, 81 mg. Count: 36		HEALTH CONTRACT THE AND THE AN	Aspirin, Enteric Coa Tablets, Low Dose, Count: 120	
So Tablets	Item #: 5073	\$4.50	1907 Factor Strategy and Strate	Item #: 5090	\$6.00
LOUID ANTELETS LOUID ANTELETS LOUID ANTELETS LOUID ANTELETS LATETY COATED ASPEND REGIMENT Market Anteletister Market Anteletister	Bayer® Enteric Coate Aspirin, Low Dose, 8 Count: 32			Ibuprofen Tablets, 2 Count: 100	200 mg.
	Item #: 5034	\$6.50	NECKEE DUT ONLD RESIDENT	Item #: 5485	\$6.50

Acetaminophen Markar Extra Strength	Tylenol® Extra Strer Tablets, 500 mg. Count: 100	ngth	Particular Particular Danie Shan Particular	in The furth The former of the	Anti-Dandruff Shampoo, 11 oz. Count: 1		
	Item #: 5423	\$18.00			Item #: 5390	\$5.50	
	Aloe Vera Cream, 6 Count: 1	oz.	Coralito Wip	ist	Anti-Bacterial Wet V Count: 20	Vipes	
UDARD Forms ETVTL 602(2)2	Item #: 5535	\$4.50		and Alos Yes	Item #: 5169	\$4.50	
MAOR Description Therapeutic Molecurities Minimic Minimic Molecurities Minimic Minimic Minimic Molecurities Minimic Minimic	Dry Skin Cream, 16 Count: 1	oz.	PlusPH2 Calcium 60 mg / 10 m 20 mg	REMA REMA THE DATE OF THE STATE THE STATE OF THE STATE THE STATE OF TH	Calcium + Vitamin I 600 mg. Count: 60	03 Tablets,	
NET WT 16 OZ (454 g)	Item #: 5091	\$10.50	CALCUM WWN Pasham 60 TABL	A SUPPLEMENT as cot diffusion of the bismed todowark cannot ETS	Item #: 5298	\$6.00	
NEW LOOK( Centrum SILVER ADULTS 50+ Benther: her her Weither her her Weither her her her	Centrum <sup>®</sup> Silver Vit Count: 125	amins		CARE' Mar Ann Care' Mar Ann Care Mar Mar Mar Mar Mar Mar Mar Mar Mar Mar	Coenzyme Q-10, 10 Count: 30	0 mg.	
125 Tablets Multivitamin/Multimineral Supplement	Item #: 5001	\$23.00	30 SOF		Item #: 5156	\$14.00	
CENTURY. CEN	Fish Oil Softgels, 1,0 Count: 60	000 mg.	125 m	amin D3 cg (5000 10)	Vitamin D3, 125 mc Count: 100	g.	
DIETARY SUPPORT	Item #: 5140	\$9.00		y Supplement	Item #: 5749	\$7.00	

ltem #	Description	Count	Price
	Anticandidal (Yeast)		
6017	Clotrimazole (Vaginal Antifungal 7-Day Cream with Applicator), 1%, 1.5 oz.	1 ct.	\$8.25
5016	Miconazole (Vaginal Antifungal 3-Day Cream with Applicator), 2%, 0.32 oz.	1 ct.	\$14.25
5283	Monistat® Vaginal Cream, 3-Day, 4%, 0.18 oz.	1 ct.	\$24.00
5850	Tioconazole (Vaginal Antifungal 1-Day Cream with Applicator), 6.5%, 0.16 oz.	1 ct.	\$17.75
	Bathroom Safety & Fall Prevention		
5647	Bath Mat, Non-Skid	1 ct.	\$14.00
5851	Bath Safety Bench with Back	1 ct.	\$50.50
5537	Bath Safety Bench without Back	1 ct.	\$40.00
4051	Bath Safety Bench without Back, Bariatric	1 ct.	\$65.00
5802	Bed Assist Bar	1 ct.	\$51.25
4159	Bed Wedge	1 ct.	\$55.00
5708	Bedside Commode	1 ct.	\$59.25
5803	Gait Belt, 60"	1 ct.	\$14.00
5804	Gait Belt, 72"	1 ct.	\$13.75
5591	Handheld Shower Head	1 ct.	\$18.00
5218	Knurled Chrome Grab Bar, 12"	1 ct.	\$16.75
5542	Knurled Chrome Grab Bar, 24"	1 ct.	\$18.00
5805	Knurled Chrome Grab Bar, 32"	1 ct.	\$28.00
5532	Raised Toilet Seat, Locking	1 ct.	\$33.00
5534	Raised Toilet Seat with Arms	1 ct.	\$45.00
4071	Safety Treads, Tub & Stair	1 pack	\$4.75
5853	Shower Mat, Non-Skid	1 ct.	\$13.00
5806	Slipper Socks, One Size Fits Most	1 ct.	\$5.50
5533	Toilet Safety Rails	1 ct.	\$45.00
5536	Transfer Bench, Adjustable	1 ct.	\$83.00
5230	Tub Safety Bar	1 ct.	\$30.00
5032	Tub Safety Bar, Suction 12"	1 ct.	\$16.00
	Child Care		
4435	Baby Bottle	1 ct.	\$4.00
5452	Baby Lotion, 3.5 oz.	1 ct.	\$2.00
5496	Baby Wipes	80 ct.	\$3.00
4431	Electrolyte Solution, 33.8 oz.	1 ct.	\$7.00
4430	Gas Relief, Infant Drops, 20 mg., 1 oz.	1 ct.	\$4.50

ltem #	Description	Count	Price
	Child Care		
4434	Nasal Aspirator	1 ct.	\$5.00
4433	Non-Medicated Teething Cooling Gel	1 ct.	\$10.50
4437	Toothpaste, Toddler Training, 1.5 oz.	1 ct.	\$7.00
	Cold, Flu & Allergy		
5252	Abreva® Cream, 10%, 2 gm.	1 ct.	\$25.25
5084	Acetaminophen Sinus Congestion Caplets, 325 mg., 5 mg.	24 ct.	\$6.00
5335	Afrin® Nasal Spray, 0.05%, 0.5 oz.	1 ct.	\$13.00
5790	Airborne <sup>®</sup> Chew	32 ct.	\$12.50
5606	Blistex® Ointment, 0.15 oz.	1 ct.	\$4.50
5344	Carmex®	1 ct.	\$3.00
5133	Cepacol <sup>®</sup> Sore Throat Lozenges	16 ct.	\$6.50
5052	Cetirizine Allergy Tablets, 10 mg.	30 ct.	\$9.50
4055	Children's Cough, Cold, Allergy and Decongestant, 4 oz.	1 ct.	\$4.00
6015	Chlorpheniramine Maleate Allergy Tablets, 4 mg.	100 ct.	\$4.75
5334	Claritin® Tablets, 10 mg.	10 ct.	\$18.00
4102	Cold-Eeze® Lozenges, Honey Lemon	25 ct.	\$17.00
5163	Coricidin®	20 ct.	\$12.00
5338	Cough & Cold for High Blood Pressure	16 ct.	\$6.50
5220	Cough Drops, Cherry	30 ct.	\$3.50
5545	Cough Drops, Honey Lemon	30 ct.	\$3.50
5126	Cough Drops, Menthol	30 ct.	\$3.50
5405	Cough Drops, Sugar-Free	25 ct.	\$4.00
5690	Cromolyn Sodium Allergy Nasal Spray, 26 ml.	1 ct.	\$13.00
5399	Day & Night Cold & Flu Caplets	20 ct.	\$7.00
5153	Day Cold & Flu Liquid, 325 mg., 10 mg., 5 mg., 8 oz.	1 ct.	\$6.00
5236	Day Cold & Flu Softgels	16 ct.	\$9.00
5234	DayQuil® Liquid, 325 mg., 10 mg., 5 mg., 8 oz.	1 ct.	\$12.00
5451	Diphenhydramine Allergy Tablets, 25 mg.	24 ct.	\$4.00
5854	Diphenhydramine Allergy Tablets, 25 mg.	100 ct.	\$5.50
5855	Fexofenadine Allergy Tablets, 180 mg.	30 ct.	\$12.00
5856	Fluticasone Propionate Allergy Nasal Spray, 24-Hour, 144 sprays, 50 mcg.	1 ct.	\$23.00
5095	Green Tea Flu & Cold Honey Lemon	6 ct.	\$9.00
6028	Herpecin-L® Lip Balm, 1%, 0.1 oz.	1 ct.	\$9.00
5503	Humidifier, Ultra-Sonic	1 ct.	\$55.00

Item #	Description	Count	Price
	Cold, Flu & Allergy		
5614	Humidifier, Ultra-Sonic, Crane®	1 ct.	\$58.00
4001	Levocetirizine Allergy Tablets, 5 mg.	35 ct.	\$5.00
5418	Loratadine Allergy Tablets, 10 mg.	30 ct.	\$4.00
5857	Loratadine Allergy Tablets, 10 mg.	90 ct.	\$12.00
6031	Loratadine Allergy Tablets, 10 mg.	365 ct.	\$22.75
4070	Mentholatum <sup>®</sup> Original Ointment Vapor Rub, 1 oz.	1 ct.	\$4.75
5237	Mucinex <sup>®</sup> Day/Night Caplets	40 ct.	\$27.00
5465	Mucinex <sup>®</sup> DM Tablets, 600 mg., 30 mg.	20 ct.	\$16.00
5464	Mucinex® Tablets, 600 mg.	20 ct.	\$17.00
5858	Mucus Relief DM Expectorant & Cough Suppressant, Extended Release, 1,200 mg., 60 mg.	14 ct.	\$10.50
5087	Mucus Relief DM Tablets, 400 mg., 20 mg.	30 ct.	\$8.00
5691	Mucus Relief Tablets, 400 mg.	100 ct.	\$8.00
6061	Multi-Symptom Cold Formula Caplets, 10 mg., 5 mg., 325 mg.	24 ct.	\$5.75
5345	Nasacort <sup>®</sup> Allergy Relief 24-Hour, 60 sprays, 10.8 ml.	1 ct.	\$20.00
5799	Nasal Decongestant Inhaler, Levmetamfetamine, 0.007 oz.	1 ct.	\$5.50
5082	Nasal Decongestion PE Tablets, 10 mg.	36 ct.	\$5.50
5081	Nasal Decongestion Spray, 0.05%, 1 oz.	1 ct.	\$5.50
5807	Nasal Rinse Kit, Saline	1 kit	\$17.75
5197	Neti Pot	1 ct.	\$14.50
5040	Night Cold & Flu Liquid, 650 mg., 30 mg., 12.5 mg., 8 oz.	1 ct.	\$6.50
5083	Night Cold & Flu Softgels	16 ct.	\$8.50
5233	NyQuil <sup>®</sup> Liquid, 650 mg., 30 mg., 12.5 mg., 8 oz.	1 ct.	\$12.00
5235	NyQuil <sup>®</sup> Softgels LiquiCaps <sup>®</sup> , 325 mg., 15 mg., 6.25 mg.	16 ct.	\$12.00
5692	Personal Steam Inhaler	1 ct.	\$41.75
5005	Robitussin <sup>®</sup> DM Syrup, 200 mg., 20 mg., 4 oz.	1 ct.	\$11.00
5072	Saline Nasal Spray, 0.65%, 1.5 oz.	1 ct.	\$4.00
5693	Sore Throat Lozenges, Cherry	18 ct.	\$4.75
5694	Sore Throat Spray, Cherry, 6 oz.	1 ct.	\$5.75
5007	Thera-Flu® Multi-Symptom, Lemon, 500 mg., 20 mg., 10 mg.	6 ct.	\$14.00
4094	Tussin CF Syrup, 200 mg., 20 mg., 10 mg., 4 oz.	1 ct.	\$3.75
5015	Tussin Congestion Relief Syrup, 200 mg., 4 oz.	1 ct.	\$5.00
5023	Tussin DM Sugar-Free Syrup, 100 mg., 10 mg., 4 oz.	1 ct.	\$7.00
5008	Tylenol <sup>®</sup> Sinus Congestion Caplets, 325 mg., 5 mg.	24 ct.	\$12.50

Item #	Description	Count	Price
	Cold, Flu & Allergy		
4066	Zicam <sup>®</sup> Cold Remedy RapidMelts <sup>®</sup>	25 ct.	\$18.50
5426	Zyrtec <sup>®</sup> , 10 mg.	14 ct.	\$22.00
	Dental & Denture Care		
5700	Biotene® Dry Mouth Oral Rinse, 16 oz.	1 ct.	\$11.25
5330	Dental Floss, Mint Waxed	1 ct.	\$3.00
5130	Dental Floss, Reach <sup>®</sup> , Mint Waxed	1 ct.	\$2.75
4127	Dental Night Guard	1 ct.	\$30.00
5168	Dental Travel Kit	1 ct.	\$6.50
5260	Denture Adhesive Cream, 2.4 oz.	1 ct.	\$5.00
5626	Denture Brush	1 ct.	\$3.00
5808	Efferdent <sup>®</sup> Plus Mint Tablets	44 ct.	\$9.00
5204	Efferdent® Tablets	20 ct.	\$3.00
5504	Fixodent® Cream, 0.75 oz.	1 ct.	\$4.00
5379	Fixodent® Cream, 2.4 oz.	1 ct.	\$7.00
4073	Interdental Gum Brushes	10 ct.	\$4.75
4128	Loose Cap and Filling Repair	1 ct.	\$5.00
5113	Mouthwash, 4 oz.	1 ct.	\$2.50
5195	Oral Pain Relief Gel, 20%, 0.33 oz.	1 ct.	\$4.00
5701	Polident® Denture Cream, 3.9 oz.	1 ct.	\$8.50
5809	Polident <sup>®</sup> Overnight	84 ct.	\$11.50
5810	Tongue Cleaner	1 ct.	\$6.00
5253	Tooth & Gum Cleanser	1 ct.	\$2.00
4129	Toothbrush Protector	1 ct.	\$1.75
5510	Toothbrush, Adult	1 ct.	\$2.00
6051	Toothbrush, Battery Powered	1 ct.	\$21.00
5160	Toothbrush, Rechargeable	1 ct.	\$40.50
5161	Toothbrush, Rechargeable Replacement Heads	2 ct.	\$18.00
5241	Toothpaste Squeezer	1 ct.	\$3.50
5102	Toothpaste, Fluoride, 6.4 oz.	1 ct.	\$5.50
5859	Toothpaste, Pepsodent <sup>®</sup> , 5.5 oz.	1 ct.	\$4.75
5530	Toothpaste, Travel Size, 0.85 oz.	1 ct.	\$1.25
5294	Toothpaste, Ultrabrite®, 6 oz.	1 ct.	\$5.00
5703	Water Jet Replacement Tips	5 ct.	\$14.00
5654	Water Jet, Battery Operated	1 ct.	\$43.75

Item #	Description	Count	Price
	Diabetes Care		
4109	Alcohol Pads, Large	100 ct.	\$5.00
5812	Diabetic Skin Relief Foot Cream, 4 oz.	1 ct.	\$13.00
5225	Diabetic Socks, Black, Medium, 3-pack	1 ct.	\$8.00
5223	Diabetic Socks, Black, Large, 3-pack	1 ct.	\$8.00
5860	Diabetic Socks, Black, X-Large, 3-pack	1 ct.	\$8.00
5224	Diabetic Socks, White, Medium, 3-pack	1 ct.	\$8.00
5222	Diabetic Socks, White, Large, 3-pack	1 ct.	\$8.00
5861	Diabetic Socks, White, X-Large, 3-pack	1 ct.	\$8.00
6052	Diabetic Socks, Ultra Soft Padded, Black, Medium, 2-pack	1 ct.	\$11.00
6053	Diabetic Socks, Ultra Soft Padded, Black, Large, 2-pack	1 ct.	\$11.00
6054	Diabetic Socks, Ultra Soft Padded, Black, X-Large, 2-pack	1 ct.	\$11.00
6055	Diabetic Socks, Ultra Soft Padded, White, Medium, 2-pack	1 ct.	\$11.00
6056	Diabetic Socks, Ultra Soft Padded, White, Large, 2-pack	1 ct.	\$11.00
6057	Diabetic Socks, Ultra Soft Padded, White, X-Large, 2-pack	1 ct.	\$11.00
5313	Glucose Tablets	50 ct.	\$8.00
5528	Sharps Container, 1 qt.	1 ct.	\$5.00
	Digestive Health		
5214	Alka-Seltzer® Tablets	24 ct.	\$8.00
6004	Antacid / Anti-Gas Liquid, 12 oz.	1 ct.	\$6.00
5304	Antacid Chewables, 500 mg.	150 ct.	\$6.50
4063	Antacid Soft Chewables, Ultra Strength, 1,177 mg.	36 ct.	\$6.00
5060	Anti-Nausea Liquid, 4 oz.	1 ct.	\$5.00
6062	Beano®	30 ct.	\$10.00
5075	Bisacodyl Suppository, 10 mg.	12 ct.	\$4.50
5213	Bisacodyl Tablets, 5 mg.	100 ct.	\$3.75
5475	Colace® Caplets, 100 mg.	30 ct.	\$20.00
5420	Docusate Sodium Stool Softener Softgels, 100 mg.	100 ct.	\$7.50
5254	Dramamine® Tablets, 50 mg.	36 ct.	\$16.00
5238	Driminate Motion Sickness Tablets, 50 mg.	12 ct.	\$2.75
5477	Dulcolax <sup>®</sup> Suppository, 10 mg.	8 ct.	\$18.00
5554	Dulcolax® Tablets, 5 mg.	25 ct.	\$12.00
5466	Effervescent Tablets	36 ct.	\$6.00
5036	Enema, Mineral Oil, 4.5 oz.	1 ct.	\$4.00
5167	Enema, Saline Laxative, 4.5 oz.	1 ct.	\$2.00

ltem #	Description	Count	Price
	Digestive Health		
5862	Esomeprazole Magnesium Acid Reducer, Delayed Release Tablets, 20 mg.	42 ct.	\$17.00
5079	Famotidine Acid Reducer, 10 mg.	30 ct.	\$6.50
5021	Fiber Laxative Caplets, 625 mg.	90 ct.	\$11.00
5028	Fleet® Saline Enema, 4.5 oz.	1 ct.	\$3.75
5280	Gas Relief Chewable Tablets, 80 mg.	100 ct.	\$7.00
5009	Gas-X <sup>®</sup> ES Chewables, 125 mg.	18 ct.	\$10.00
5188	Glycerin Suppositories	25 ct.	\$4.50
5043	Lactaid® Tablets, 9,000 FCC	32 ct.	\$15.00
5077	Lactase Enzyme Caplets, 9,000 FCC	60 ct.	\$9.00
4122	Lansoprazole Acid Reducer, Delayed Release Capsules, 15 mg.	14 ct.	\$8.00
4064	Loperamide Anti-Diarrheal Liquid, 1 mg., 4 oz.	1 ct.	\$6.00
4042	Loperamide Simethicone Anti-Diarrheal & Anti-Gas Caplets, 2 mg., 125 mg.	12 ct.	\$6.00
5801	Magnesium Citrate, Saline Laxative, Lemon, 10 oz.	1 ct.	\$4.25
6033	Meclizine Motion Sickness Tablets, 12.5 mg.	100 ct.	\$7.50
5292	Metamucil®, Orange, 114 dose, 48 oz.	1 ct.	\$29.00
5290	Metamucil <sup>®</sup> , Sugar-Free Orange, 72 dose, 15 oz.	1 ct.	\$26.00
5697	Methylcellulose Fiber Therapy, 16 oz.	1 ct.	\$12.00
5795	Milk of Magnesia, 12 oz.	1 ct.	\$3.00
5033	Natural Vegetable Laxative (Psyllium), 13 oz.	1 ct.	\$11.00
6037	Natural Vegetable Laxative (Psyllium), 30.4 oz.	1 ct.	\$17.00
6038	Natural Vegetable Laxative, Sugar-Free (Psyllium), 15 oz.	1 ct.	\$14.00
5056	Nexium <sup>®</sup> , 20 mg.	14 ct.	\$17.00
5025	Omeprazole Acid Reducer, Delayed Release Tablets, 20 mg.	14 ct.	\$9.50
5863	Omeprazole Acid Reducer, Delayed Release Tablets, 20 mg.	42 ct.	\$24.00
5864	Omeprazole Acid Reducer, Delayed Release, Dissolvable Tablets, 20 mg.	42 ct.	\$24.00
5217	Pepcid <sup>®</sup> AC, 10 mg.	30 ct.	\$16.00
5286	Pepto-Bismol <sup>®</sup> , 525 mg., 8 oz.	1 ct.	\$8.00
5287	Pepto-Bismol <sup>®</sup> , 525 mg., 16 oz.	1 ct.	\$12.00
5289	Pepto-Bismol® Tablets, 262 mg.	30 ct.	\$7.00
5696	Polyethylene Glycol Powder Laxative, 8.3 oz.	1 ct.	\$13.50
5288	Prilosec OTC <sup>®</sup> , 20 mg.	14 ct.	\$16.00
5212	Senna + Laxative Tablets, 50 mg., 8.6 mg.	60 ct.	\$4.50
5062	Stomach Relief Liquid, 525 mg., 8 oz.	1 ct.	\$5.50

Item #	Description	Count	Price
	Digestive Health		
5336	Stomach Relief Tablets, 262 mg.	30 ct.	\$5.00
5361	Tucks <sup>®</sup> Medicated Cooling Pads, 50%	100 ct.	\$14.00
5800	TUMS® Extra Strength, 750 mg.	96 ct.	\$8.50
4147	TUMS <sup>®</sup> Smoothies Extra Strength, 750 mg.	60 ct.	\$10.00
4146	TUMS® Ultra Strength, 1,000 mg.	72 ct.	\$10.00
5247	Vitafusion <sup>®</sup> Fiber Gummy	90 ct.	\$17.00
	Eye & Ear Care		
5031	Ear Dry Drops, 1 oz.	1 ct.	\$7.00
5815	Ear Pain Relief Ear Drops, 10 ml.	1 ct.	\$10.75
5653	Ear Plugs	1 ct.	\$3.00
5166	Ear Syringe	1 ct.	\$2.25
5189	Earwax Removal Drops, 6.5%, 0.5 oz.	1 ct.	\$4.50
5704	Earwax Removal System with Rubber Bulb, 6.5%	1 ct.	\$7.50
5138	Eye Wash Solution, 3.9 oz.	1 ct.	\$8.00
5603	Eyeglass Repair Kit	1 ct.	\$3.00
5041	Irritation Relief Eye Drops, 0.5 oz.	1 ct.	\$6.25
4096	Lubricating Eye Drops, 0.4%, 0.5 oz.	1 ct.	\$10.00
4104	Lubricating Eye Drops, Refresh Plus®, 0.5%, 0.01 oz.	50 ct.	\$29.00
4105	Lubricating Eye Drops, Refresh Tears®, 15 ml.	1 ct.	\$18.50
5705	Multi-Purpose Contact Lens Solution, 12 oz.	1 ct.	\$6.25
5473	Pain Relief Mask, Gel	1 ct.	\$7.00
5513	Reading Glasses, Diopter +1.0	1 ct.	\$5.00
5514	Reading Glasses, Diopter +1.25	1 ct.	\$5.00
5515	Reading Glasses, Diopter +1.5	1 ct.	\$5.00
5516	Reading Glasses, Diopter +1.75	1 ct.	\$5.00
5517	Reading Glasses, Diopter +2.0	1 ct.	\$5.00
5518	Reading Glasses, Diopter +2.25	1 ct.	\$5.00
5519	Reading Glasses, Diopter +2.5	1 ct.	\$5.00
5520	Reading Glasses, Diopter +2.75	1 ct.	\$5.00
5521	Reading Glasses, Diopter +3.0	1 ct.	\$5.00
5522	Reading Glasses, Diopter +3.25	1 ct.	\$5.00
5523	Reading Glasses, Diopter +3.5	1 ct.	\$5.00
4041	Reading Glasses, Diopter +3.75	1 ct.	\$5.00
5524	Reading Glasses, Diopter +4.0	1 ct.	\$5.00
5048	Redness Relief Eye Drops, 0.5 oz.	1 ct.	\$4.50

Item #	Description	Count	Price
	Eye & Ear Care		
5706	Stye Eye Compress	1 ct.	\$10.75
5707	Stye Eye Ointment, 3.5 gm.	1 ct.	\$10.75
5494	Visine <sup>®</sup> Redness Relief Drops, 0.5 oz.	1 ct.	\$12.00
	Feminine Care		
5619	Estroven® Menopause Relief	30 ct.	\$17.00
4155	Feminine Anti-Itch Cream, 20%, 1 oz.	1 ct.	\$3.75
	First Aid & Medical Supplies		
5404	Adhesive First Aid Tape	1 ct.	\$2.50
5682	Alcohol Swabs	3 ct.	\$3.50
5816	Antiseptic Skin Cleanser, 8 oz.	1 ct.	\$8.75
6005	Antiseptic Towelettes	100 ct.	\$6.00
5798	Bacitracin Ointment, 1 oz.	1 ct.	\$5.00
5698	Bactine <sup>®</sup> Solution, 5 oz.	1 ct.	\$9.25
5151	Bandage, Stretch Gauze	1 ct.	\$4.00
4061	Bandages, Finger and Knuckle	20 ct.	\$5.00
4093	Bandages, Knuckle	100 ct.	\$7.50
5203	Benadryl® Cream, 1 oz.	1 ct.	\$8.00
5547	Burn Relief Spray, 4 oz.	1 ct.	\$7.00
5199	Butterfly Closures	12 ct.	\$4.00
5066	Calamine Lotion, 6 oz.	1 ct.	\$5.00
5699	Caldyphen Clear Lotion Local Analgesic, 1%, 6 oz.	1 ct.	\$5.50
5192	Cotton Balls	100 ct.	\$4.00
5866	Cotton Tipped Applicator, 6"	1,000 ct.	\$10.00
5078	Diphenhydramine Anti-Itch Cream, 2%, 1.25 oz.	1 ct.	\$5.50
5194	Disposable Gloves, Nitrile, Small	100 ct.	\$17.00
5930	Disposable Gloves, Nitrile, X-Large	100 ct.	\$17.00
5867	First Aid Kit, 20 Pieces	1 ct.	\$4.50
5612	First Aid Kit, 75 Pieces	1 ct.	\$9.00
5711	First Aid Kit, 175 Pieces	1 ct.	\$13.75
5605	Flex Seal™ Spray Bandage, 1.35 oz.	1 ct.	\$7.00
5459	Gauze Pad, Sterile	100 ct.	\$9.00
5433	Gauze Sponges, 4" x 4"	25 ct.	\$7.00
5527	Hydrogen Peroxide, 3%, 4 oz.	1 ct.	\$2.50
5317	Ice Bag	1 ct.	\$8.00
5045	Liquid Bandage, 0.3 oz.	1 ct.	\$6.00

ltem #	Description	Count	Price
	First Aid & Medical Supplies		
5059	Neosporin <sup>®</sup> Ointment, 0.5 oz.	1 ct.	\$8.00
5437	Petroleum Jelly, 4 oz.	1 ct.	\$4.00
5281	Pocket Facial Tissue	1 ct.	\$1.50
5712	Povidone lodine Solution Antiseptic, 4 oz.	1 ct.	\$5.25
6079	PPE Kit (2 Pair Gloves, 1 Face Mask, 4 Alcohol Prep Pads)	1 kit	\$6.00
5817	Procedural Face Masks with Earloops	50 ct.	\$10.50
5131	Tape, Paper Surgical, 1" x 10 yd.	1 ct.	\$2.50
6042	Tape, Paper Surgical, 2" x 10 yd.	1 ct.	\$3.50
6043	Tape, Silk Surgical, 1" x 10 yd.	1 ct.	\$2.50
6044	Tape, Silk Surgical, 2" x 10 yd.	1 ct.	\$3.50
6045	Tape, Transparent Surgical, 1" x 10 yd.	1 ct.	\$2.50
6046	Tape, Transparent Surgical, 2" x 10 yd.	1 ct.	\$3.50
4082	Tegaderm™ Patches, 2.375" x 2.75"	8 ct.	\$13.00
5544	Toe Separator	6 ct.	\$8.50
4039	Triple Antibiotic + Pain Relief Ointment, 1 oz.	1 ct.	\$6.00
5869	Triple Antibiotic Ointment, 1 oz.	1 ct.	\$5.50
5121	Warm & Cold Water Bottle	1 ct.	\$7.00
	Food		
7147	Ensure® Chocolate Shake, 8 oz.	6 ct.	\$20.00
7146	Ensure® Vanilla Shake, 8 oz.	6 ct.	\$20.00
7153	Glucerna® Chocolate Shake, 8 oz.	6 ct.	\$20.00
7148	Glucerna® Vanilla Shake, 8 oz.	6 ct.	\$20.00
	Foot Care		
4052	Arch Support, Adjustable	1 pair	\$28.00
5818	Bunion Guard	1 ct.	\$8.75
5219	Callus Cushions	6 ct.	\$2.75
5216	Clotrimazole Athlete's Foot Cream, 1%, 1.5 oz.	1 ct.	\$4.00
5497	Compound W <sup>®</sup> Gel, 17%, 0.25 oz.	1 ct.	\$13.00
5196	Corn & Callus Remover, 0.33 oz.	1 ct.	\$6.00
6018	Corn Remover Pads	9 ct.	\$5.25
5543	Foot Powder, 4 oz.	1 ct.	\$5.00
5819	Hammer Toe Crest	1 ct.	\$10.00
4124	Insoles for Men, Trim To Fit	1 pair	\$5.00
4125	Insoles for Women, Trim To Fit	1 pair	\$5.00
5667	Lamb's Wool Padding	1 ct.	\$4.00

ltem #	Description	Count	Price
	Foot Care		
5164	Liquid Wart Remover, 0.31 oz.	1 ct.	\$6.00
5013	Lotrimin® AF Cream, 1%, 0.42 oz.	1 ct.	\$14.00
5158	Medicated Callus Removers	6 ct.	\$3.75
5431	Miconazole Nitrate, 2%, 1 oz.	1 ct.	\$5.00
5159	Moleskin Sheets	4 ct.	\$4.00
4216	Plantar Fasciitis Sleeve, Small	1 ct.	\$14.00
4217	Plantar Fasciitis Sleeve, Medium	1 ct.	\$14.00
4218	Plantar Fasciitis Sleeve, Large	1 ct.	\$14.00
4219	Plantar Fasciitis Sleeve, X-Large	1 ct.	\$14.00
5162	Tinactin® Cream, 1%, 0.5 oz.	1 ct.	\$17.00
4045	Toe Cushions, Foam (4-in-1)	1 pair	\$6.50
6049	Toe Protector, Small	1 ct.	\$8.00
6050	Toe Protector, Large	1 ct.	\$8.00
5165	Tolnaftate Antifungal Cream, 1%, 1.25 oz.	1 ct.	\$5.00
	Hemorrhoidal Preparations		
5414	Hemorrhoid Ointment, 2 oz.	1 ct.	\$6.00
5076	Hemorrhoid Pad, 50%	100 ct.	\$7.75
5351	Hemorrhoid Suppository	12 ct.	\$5.25
4044	Preparation H <sup>®</sup> Cream, 1.8 oz.	1 ct.	\$25.00
5057	Preparation H <sup>®</sup> Ointment, 2 oz.	1 ct.	\$21.00
5820	Preparation H <sup>®</sup> Medicated Wipes	48 ct.	\$11.50
	Home Diagnostic & Patient Aids		
5813	Activity Tracker	1 ct.	\$52.75
4357	Air Purifier	1 ct.	\$95.00
4050	Automatic Pill Dispenser	1 ct.	\$120.00
5602	Bathroom Scale, Dial	1 ct.	\$20.00
5119	Bathroom Scale, Digital	1 ct.	\$46.75
5814	Bathroom Scale, Digital Talking	1 ct.	\$55.00
5562	Blood Pressure Monitor, Manual	1 ct.	\$15.00
5371	Blood Pressure Monitor, Upper Arm Automatic	1 ct.	\$35.50
4428	Blood Pressure Monitor, Upper Arm Automatic, Adult (8.6"-11.8") & X-Large Cuff (16.5"-18.8")	1 ct.	\$45.00
4100	Blood Pressure Monitor, Upper Arm, Omron®	1 ct.	\$55.00
5573	Blood Pressure Monitor, Upper Arm Talking	1 ct.	\$48.75
5370	Blood Pressure Monitor, Wrist	1 ct.	\$32.25

ltem #	Description	Count	Price
	Home Diagnostic & Patient Aids		
4099	Blood Pressure Monitor, Wrist, Omron®	1 ct.	\$62.50
5872	Blood Pressure Monitor, Wrist Talking	1 ct.	\$39.50
5100	Button & Zipper Aid	1 ct.	\$4.00
6013	Cast, Bandage & Wound Protector, Arm	2 ct.	\$14.00
6014	Cast, Bandage & Wound Protector, Leg	2 ct.	\$14.00
4049	Cooling Vest, Large	1 ct.	\$240.00
4057	Cooling Vest, X-Large	1 ct.	\$240.00
6019	CPAP Mask Wipes	72 ct.	\$11.75
6020	CPAP Pillow Fiber Filled	1 ct.	\$47.50
6021	CPAP Pillow Memory Foam	1 ct.	\$69.50
5709	Cushion, Foam Ring	1 ct.	\$19.50
5710	Cushion, Gel/Foam Seat	1 ct.	\$22.25
5873	Cushion, Lumbar	1 ct.	\$15.00
4053	Deep Tissue Therapy Wand	1 ct.	\$55.00
4002	Drug Disposal System, 4 oz.	1 ct.	\$7.50
5874	Elastic Mattress Cover, 80" x 36" x 6"	1 ct.	\$7.00
5723	EZ Detect™ Colon Cancer Test Kit	1 ct.	\$19.50
5201	Heart Rate Monitor Watch	1 ct.	\$35.00
5778	HIV Test	1 ct.	\$43.00
5124	Kitchen Scale, Dial	1 ct.	\$7.00
5821	Kitchen Scale, Digital	1 ct.	\$23.25
5500	Long Handle Bath Sponge	1 ct.	\$11.00
4154	Magnifying Glass	1 ct.	\$6.00
6034	Medical ID Bracelet, Diabetic	1 ct.	\$11.00
6035	Medical ID Bracelet, Heart	1 ct.	\$11.00
4003	Medication Lock Box	1 ct.	\$45.00
5822	Medicine Bottle Opener with Magnifier	1 ct.	\$10.00
4429	Oral Syringe, 6 ml.	1 ct.	\$2.50
9998	OTC Rapid Antigen Test, COVID-19, 2-Pack	1 ct.	\$30.00
4141	Pedometer	1 ct.	\$15.00
5246	Pill Bottle Opener Aid	1 ct.	\$8.00
5242	Pill Box, 7 Day, 1 Time a Day	1 ct.	\$3.75
5210	Pill Box, 7 Day, 4 Times a Day	1 ct.	\$7.00
5508	Pill Box, 7 Day, AM & PM	1 ct.	\$7.50
5823	Pill Crusher with Storage	1 ct.	\$9.50

Item #	Description	Count	Price
	Home Diagnostic & Patient Aids		
5824	Pill Cutter with Safety Shield	1 ct.	\$7.00
5096	Pulse Oximeter	1 ct.	\$35.00
5098	Reaching Aid Device	1 ct.	\$16.00
5656	Shoe Horn	1 ct.	\$2.00
5415	Thermometer Probe Cover	30 ct.	\$3.00
5149	Thermometer, 60 Second	1 ct.	\$3.00
6048	Thermometer, Digital Ear	1 ct.	\$28.25
5172	Thermometer, Flex Tip	1 ct.	\$5.50
4436	Thermometer, No-Touch Temple	1 ct.	\$25.00
5627	Thermometer, Talking Ear & Forehead	1 ct.	\$45.50
	Home Health Care		
5369	Adult Nebulizer Mask with Tubing	1 ct.	\$4.00
4126	Cane Tip, 3/4"	1 ct.	\$4.00
5539	Cane, Adjustable Quad Bariatric	1 ct.	\$37.00
5315	Cane, Adjustable Quad Standard	1 ct.	\$18.50
6041	Cane, Adjustable Quad Large	1 ct.	\$13.75
5538	Cane, Folding	1 ct.	\$14.00
4075	Hypoallergenic Pillow	1 ct.	\$24.50
5491	Peak Flow Meter	1 ct.	\$12.00
5108	Pillow Cover	1 ct.	\$7.00
5482	Pregnancy Test	1 ct.	\$8.00
	Household Products		
5772	Air Freshener Aerosol	1 ct.	\$4.00
5756	Aluminum Foil	1 ct.	\$4.50
5775	Cleaning Sponge	1 ct.	\$3.00
5773	Dish Detergent	1 ct.	\$4.00
5762	Paper Towel Roll, Perforated	1 ct.	\$3.00
5777	Standard Toilet Paper	1 ct.	\$2.00
5758	Toilet Bowl Brush	1 ct.	\$5.00
	Incontinence Supplies		
5525	A&D Ointment, 4 oz.	1 ct.	\$4.00
4095	A&D Plus Vitamin E Ointment, 13 oz.	1 ct.	\$7.00
6001	Adult Briefs, Medium (Adhesive Closure), 32" to 44"	24 ct.	\$18.00
6002	Adult Briefs, Large (Adhesive Closure), 44" to 58"	24 ct.	\$18.75
6003	Adult Briefs, X-Large (Adhesive Closure), 58" to 63"	20 ct.	\$18.75

ltem #	Description	Count	Price
	Incontinence Supplies		
5714	Attends® Discreet Men's Guard	20 ct.	\$9.25
5879	Attends® Discreet Women's Moderate Bladder Control Pad	20 ct.	\$9.00
5880	Attends® Discreet Women's Maximum Bladder Control Pad	20 ct.	\$11.00
5715	Attends® Discreet Women's Ultimate Bladder Control Pad	20 ct.	\$11.75
5881	Attends® Discreet Women's Panty Liner	28 ct.	\$8.00
5716	Attends® Discreet Women's Ultrathin Pad	20 ct.	\$7.00
4416	Attends® Premier Disposable Underwear Pull-Up, Maximum Overnight Absorbency, Medium, 34" to 44"	18 ct.	\$35.00
4417	Attends® Premier Disposable Underwear Pull-Up, Maximum Overnight Absorbency, Large, 44" to 58"	16 ct.	\$35.00
4418	Attends® Premier Disposable Underwear Pull-Up, Maximum Overnight Absorbency, X-Large, 58" to 68"	14 ct.	\$35.00
4419	Attends® Premier Disposable Underwear Pull-Up, Maximum Overnight Absorbency, XX-Large, 68" to 80"	10 ct.	\$35.00
5717	Barrier Cream, 4 oz.	1 ct.	\$6.50
6011	Bedpan	1 ct.	\$3.00
5150	Bladder Control Pad, Adult	14 ct.	\$7.00
4151	Bladder Control Pad, Heavy	20 ct.	\$20.00
5720	Bladder Control Shaped Pad, Moderate Absorbency	28 ct.	\$13.00
5718	Bladder Control Shaped Pad, Maximum Absorbency	28 ct.	\$14.00
5719	Bladder Control Shaped Pad, Ultimate Absorbency	28 ct.	\$13.00
5884	Disposable Underwear Pull-Up, X-Large, 58" to 68"	14 ct.	\$12.00
5443	Lady's Washable Panty, Small	1 ct.	\$22.00
5444	Lady's Washable Panty, Medium	1 ct.	\$22.00
5445	Lady's Washable Panty, Large	1 ct.	\$22.00
5446	Lady's Washable Panty, X-Large	1 ct.	\$22.00
6030	Lantiseptic <sup>®</sup> Skin Protectant Ointment, 50%, 4 oz.	1 ct.	\$10.00
5440	Men's Washable Underwear, Small	1 ct.	\$22.00
5441	Men's Washable Underwear, Medium	1 ct.	\$22.00
5439	Men's Washable Underwear, Large	1 ct.	\$21.00
5442	Men's Washable Underwear, X-Large	1 ct.	\$22.00
5885	No-Rinse Body Wash, 8 oz.	1 ct.	\$4.00
6040	Perineal Wash Rinse-Free, 8 oz.	1 ct.	\$4.75
6058	Underpad, Disposable, 23" x 24"	50 ct.	\$13.00
5721	Underpad, Disposable, 23" x 36"	15 ct.	\$9.75
5722	Underpad, Disposable, 30" x 30"	10 ct.	\$7.25

ltem #	Description	Count	Price
	Incontinence Supplies		
6059	Underpad, Extra Absorbent Air Permeable, 30" x 36"	5 ct.	\$14.50
4187	Urinal, Female	1 ct.	\$11.00
6032	Urinal, Male	1 ct.	\$3.75
5413	Zinc Oxide Ointment, 20%, 1 oz.	1 ct.	\$2.75
	Pain Relief		
4423	Acetaminophen & Ibuprofen Dual Action Tablets, 250 mg. 125 mg.	36 ct.	\$8.00
5430	Acetaminophen Arthritis, 650 mg.	100 ct.	\$12.00
5038	Acetaminophen Children's Chewables, 80 mg.	30 ct.	\$4.00
5039	Acetaminophen Children's Chewables, 160 mg.	24 ct.	\$7.00
5063	Acetaminophen Children's Liquid, 160 mg., 4 oz.	1 ct.	\$6.00
4421	Acetaminophen Headache Powders	24 ct.	\$9.00
6066	Acetaminophen Plus Aspirin & Caffeine, 250 mg., 250 mg., 65 mg.	100 ct.	\$7.00
5428	Acetaminophen PM Extra Strength Caplets, 500 mg., 25 mg.	50 ct.	\$4.00
6039	Acetaminophen PM Extra Strength Caplets, 500 mg., 25 mg.	100 ct.	\$8.00
5302	Acetaminophen Tablets, 325 mg.	100 ct.	\$4.00
4101	ActivICE™ Pain Relief Gel, 4 oz.	1 ct.	\$12.00
5054	Advil <sup>®</sup> LiquiGels, 200 mg.	20 ct.	\$8.00
4145	Advil® PM Caplets, 200 mg., 38 mg.	20 ct.	\$9.00
5053	Advil® Tablets, 200 mg.	50 ct.	\$14.00
5375	After Bite® Relief, 0.5 oz.	1 ct.	\$6.50
5243	Aleve® Caplets, 220 mg.	24 ct.	\$8.00
5256	Aleve® Caplets, 220 mg.	90 ct.	\$17.00
4040	Aspercreme <sup>®</sup> with Lidocaine, 4%, 2.7 oz.	1 ct.	\$13.00
4148	Aspercreme <sup>®</sup> , 10%, 3 oz.	1 ct.	\$11.00
5297	Aspirin Tablets, 325 mg.	100 ct.	\$5.00
5064	Aspirin, Enteric Coated Tablets, 325 mg.	100 ct.	\$5.50
5205	Bayer® Aspirin, 325 mg.	100 ct.	\$12.00
5493	Bengay® Cream, 2 oz.	1 ct.	\$9.00
5251	Capsaicin Cream, 0.025%, 2.1 oz.	1 ct.	\$7.00
4007	Capsaicin Heat Patch, 0.025%	2 ct.	\$2.00
5044	Children's Ibuprofen Suspension, 100 mg., 4 oz.	1 ct.	\$6.50
5080	Cold Hot Medicated Patch	5 ct.	\$10.00
4038	Diclofenac Arthritis Pain Relief Gel, 1%, 3.53 oz.	1 ct.	\$13.00

Item #	Description	Count	Price
	Pain Relief		
4013	Eagle Brand Medicated Oil, 24 ml.	1 ct.	\$12.00
4014	Eagle Brand Medicated Oil, Lavender, 24 ml.	1 ct.	\$13.00
5363	Ecotrin <sup>®</sup> Enteric Coated Aspirin Tablets, 325 mg.	125 ct.	\$10.50
4062	Epsom Salt, 16 oz.	1 ct.	\$5.00
5011	Excedrin® Migraine Tablets, 250 mg., 250 mg., 65 mg.	24 ct.	\$8.00
5314	Fast Freeze® Pain Relief Spray, 4 oz.	1 ct.	\$11.50
6027	Heating Pad Digital, 12" x 15"	1 ct.	\$45.00
5472	Heating Pad, 12" x 15"	1 ct.	\$23.25
5726	Heating Pad, X-Large, 12" x 24"	1 ct.	\$37.50
5725	Heating Pad Wrap For Shoulder, Neck & Back, 25" x 26"	1 ct.	\$66.25
5886	HeatWraps, Back & Hip	2 ct.	\$8.00
5887	HeatWraps, Neck & Shoulder	3 ct.	\$8.00
5020	Ibuprofen Chewables, 100 mg.	24 ct.	\$7.00
5401	Ibuprofen Liquid Gels, 200 mg.	20 ct.	\$4.75
5093	Ibuprofen Tablets, 200 mg.	50 ct.	\$4.00
4108	Icy Hot® Pain Relief Cream, 1.25 oz.	1 ct.	\$6.50
5342	Icy Hot® Pain Relief Roll-On, 16%, 2.5 oz.	1 ct.	\$9.00
5341	Icy Hot® Patch, 5%	5 ct.	\$8.00
4150	Lidocaine Pain Relief Cream, 4%, 2.7 oz.	1 ct.	\$8.00
5888	Lidocaine Patch, 4%	5 ct.	\$10.50
4008	Medicated Pain Relief Patch	60 ct.	\$7.00
4009	Medicated Pain Relief Patch, Large	6 ct.	\$7.00
5826	Menthol Gel, 8 oz.	1 ct.	\$6.00
5457	Muscle Rub Cream, 1.25 oz.	1 ct.	\$4.00
5017	Naproxen Sodium Caplets, 220 mg.	50 ct.	\$6.50
5889	Naproxen Sodium Caplets, 220 mg.	90 ct.	\$9.00
4107	Salonpas® Deep Pain Relief Gel, 2.75 oz.	1 ct.	\$12.50
5383	Salonpas® Patch	6 ct.	\$12.25
4106	Salonpas® Patch, Lidocaine, 4%	6 ct.	\$14.00
4103	Salonpas® Patch, Small	60 ct.	\$14.00
4015	Siang Pure Oil Original Red Formula, 7 ml.	1 ct.	\$12.50
5366	Tens Unit, Analog	1 ct.	\$44.00
4036	Tens Unit, Digital	1 ct.	\$50.00
4019	Tiger Balm® Liniment, 2 oz.	1 ct.	\$9.00
5318	Tiger Balm® Muscle Rub, 2 oz.	1 ct.	\$9.50

Item #	Description	Count	Price
	Pain Relief		
4018	Tiger Balm <sup>®</sup> Ointment, Extra Strength, 0.63 oz.	1 ct.	\$8.00
4020	Tiger Balm® Ointment, Ultra Strength, 1.7 oz.	1 ct.	\$14.00
4016	Tiger Balm® Patch, Regular	5 ct.	\$7.00
4017	Tiger Balm® Patch, Large	4 ct.	\$8.00
5425	Tylenol <sup>®</sup> PM Extra Strength Tablets, 500 mg.	24 ct.	\$11.00
5424	Tylenol <sup>®</sup> Regular Strength Tablets, 325 mg.	100 ct.	\$13.50
6065	Urinary Pain Relief, 95 mg.	30 ct.	\$9.50
5727	Wellpatch® Migraine	4 ct.	\$7.00
	Pediculicide (Lice Treatment)		
5411	Lice Comb	1 ct.	\$1.75
5827	Lice Elimination Kit	1 kit	\$23.50
5024	Lice Treatment Shampoo, 4%, 4 oz.	1 ct.	\$10.00
	Personal Care		
4116	Bidet Toilet Attachment	1 ct.	\$50.00
5671	Disposable Twin Blade Razor	10 ct.	\$4.00
5672	Disposable Twin Blade Razor with Lube	10 ct.	\$6.00
4048	Fragrance Free Body Wash, 8 oz.	1 ct.	\$5.50
4130	Medicated Body Powder, 8 oz.	1 ct.	\$3.00
5655	Nail Clipper	1 ct.	\$2.50
5633	Nail File	1 ct.	\$3.00
5657	Pumice Stone	1 ct.	\$3.00
5435	Shampoo, Regular Non-Medicated, 8 oz.	1 ct.	\$3.00
5332	Tweezers	1 ct.	\$3.00
	Rehabilitation, Therapy & Exercise		
6078	Eating Utensils, Weighted & Bendable	1 set	\$49.00
4012	Exercise DVD, Best of Season 1 Senior Exercise Program (with band)	1 ct.	\$35.00
4010	Exercise DVD, Simply Seated Senior Exercise Program	1 ct.	\$16.00
4011	Exercise DVD, Weight Loss Express Senior Exercise Program (with band)	1 ct.	\$27.00
6067	Exercise Resistance Band, X-Light	1 ct.	\$3.00
6068	Exercise Resistance Band, Light	1 ct.	\$3.00
6069	Exercise Resistance Band, Medium	1 ct.	\$3.00
6070	Exercise Resistance Band, Heavy	1 ct.	\$3.00
6071	Exercise Resistance Band, X-Heavy	1 ct.	\$3.00

ltem #	Description	Count	Price
	Rehabilitation, Therapy & Exercise		
6072	Exercise Resistance Band, 2X-Heavy	1 ct.	\$3.00
4026	Gel Hand Exerciser Ball, Extra Soft	1 ct.	\$9.00
4027	Gel Hand Exerciser Ball, Soft	1 ct.	\$9.00
4028	Gel Hand Exerciser Ball, Medium	1 ct.	\$9.00
4029	Gel Hand Exerciser Ball, Firm	1 ct.	\$9.00
4030	Gel Hand Exerciser Ball, Extra Firm	1 ct.	\$9.00
4031	Gel Hand Exerciser Ball, Set of 5 Resistances	1 ct.	\$38.50
4034	Hand Weight, 1 lb.	1 ct.	\$24.00
4035	Hand Weight, 2 lb.	1 ct.	\$24.00
6073	Pedal Exerciser	1 ct.	\$50.00
6074	Rehab & Hip Kit (Reacher, Shoehorn, Sock Aid, Bath Sponge)	1 ct.	\$22.00
6075	Shoulder Pulley	1 ct.	\$17.00
6076	Sock Aid	1 ct.	\$6.00
6077	Stretch Strap	1 ct.	\$14.00
4033	Wrist & Ankle Cuff Weight, 1 lb.	1 ct.	\$24.00
4032	Wrist & Ankle Cuff Weight, 2.5 lb.	1 ct.	\$24.00
	Skin Care		
5397	Acne Gel Benzoyl Peroxide, 10%, 1.5 oz.	1 ct.	\$7.50
4097	Aloe Vera Gel, 16 oz.	1 ct.	\$6.00
5890	Ammonium Lactate Moisturizing Lotion, 12%, 8 oz.	1 ct.	\$8.00
5620	Anti-Bacterial Bar Soap	1 ct.	\$2.00
5432	Anti-Bacterial Liquid Soap Pump, 7.5 oz.	1 ct.	\$6.00
4143	Hand Sanitizer Gel, 2 oz.	1 ct.	\$2.00
5924	Hand Sanitizer Gel, 8 oz.	1 ct.	\$5.00
5486	Insect Repellent, Cutter <sup>®</sup> Backwoods, 6 oz.	1 ct.	\$9.00
6036	Moisturizing Body Lotion with Aloe, 8 oz.	1 ct.	\$7.00
5665	Sunscreen, SPF 30, 4 oz.	1 ct.	\$7.00
	Sleep Aids		
5074	Diphenhydramine Sleep Tablets	50 ct.	\$6.00
5891	Nasal Strips, Medium	30 ct.	\$13.00
5892	Nasal Strips, Large	30 ct.	\$13.00
5340	Unisom® Tablets, 25 mg.	16 ct.	\$10.00
	Smoking Cessation		
5050	Nicotine Gum, 2 mg.	20 ct.	\$9.00
5049	Nicotine Gum, 4 mg.	20 ct.	\$9.00

Item #	Description	Count	Price
	Smoking Cessation		
5285	Nicotine Gum, 4 mg.	50 ct.	\$15.50
5689	Nicotine Lozenge, 4 mg.	72 ct.	\$36.25
5686	Nicotine Patches, Step 1, 21 mg. / 24 hr.	14 ct.	\$30.50
5687	Nicotine Patches, Step 2, 14 mg. / 24 hr.	14 ct.	\$30.50
5688	Nicotine Patches, Step 3, 7 mg. / 24 hr.	14 ct.	\$30.50
	Supports & Braces		
5395	Ankle Support	1 ct.	\$4.00
5146	Anti-Embolism Stockings, Small	1 pair	\$6.50
5148	Anti-Embolism Stockings, Medium	1 pair	\$6.50
5560	Anti-Embolism Stockings, Large	1 pair	\$6.50
5147	Anti-Embolism Stockings, X-Large	1 pair	\$6.50
5120	Arm Sling	1 ct.	\$11.00
5207	Arthritis Gloves, Small	1 pair	\$21.25
5208	Arthritis Gloves, Medium	1 pair	\$21.25
5209	Arthritis Gloves, Large	1 pair	\$21.25
6006	Arthritis Knee Sleeve, Small	1 ct.	\$22.25
6007	Arthritis Knee Sleeve, Medium	1 ct.	\$22.25
6008	Arthritis Knee Sleeve, Large	1 ct.	\$22.25
6009	Arthritis Knee Sleeve, X-Large	1 ct.	\$22.25
5893	Back Support Elastic, 24" to 46"	1 ct.	\$14.00
5894	Back Support Elastic with Lumbar	1 ct.	\$24.00
6090	Back Support with Suspenders, Small	1 ct.	\$19.50
6091	Back Support with Suspenders, Medium	1 ct.	\$19.50
6092	Back Support with Suspenders, Large	1 ct.	\$19.50
6093	Back Support with Suspenders, X-Large	1 ct.	\$19.50
5604	Back Support, Universal	1 ct.	\$25.00
5407	Carpal Tunnel Glove, Small	1 ct.	\$20.75
5408	Carpal Tunnel Glove, Medium	1 ct.	\$20.75
5409	Carpal Tunnel Glove, Large	1 ct.	\$20.75
5470	Carpal Tunnel Night Brace	1 ct.	\$21.75
5895	Compression Knee-High Socks, 15-20 mmHg, Men's Black, Medium (Shoe Size 6-8)	1 pair	\$10.00
5896	Compression Knee-High Socks, 15-20 mmHg, Men's Black, Large (Shoe Size 7.5-11)	1 pair	\$10.00
5897	Compression Knee-High Socks, 15-20 mmHg, Men's White, Medium (Shoe Size 6-8)	1 pair	\$10.00

Item #	Description	Count	Price
	Supports & Braces		
5898	Compression Knee-High Socks, 15-20 mmHg, Men's White, Large (Shoe Size 7.5-11)	1 pair	\$10.00
5729	Compression Knee-High Socks, 8-15 mmHg, Women's Beige, Small (Shoe Size 4-5)	1 pair	\$10.00
5899	Compression Knee-High Socks, 8-15 mmHg, Women's Beige, Medium (Shoe Size 5.5-7.5)	1 pair	\$10.00
5900	Compression Knee-High Socks, 8-15 mmHg, Women's Beige, Large (Shoe Size 8-10.5)	1 pair	\$10.00
5728	Compression Knee-High Socks, 8-15 mmHg, Women's Black, Small (Shoe Size 4-5)	1 pair	\$10.00
5901	Compression Knee-High Socks, 8-15 mmHg, Women's Black, Medium (Shoe Size 5.5-7.5)	1 pair	\$10.00
5902	Compression Knee-High Socks, 8-15 mmHg, Women's Black, Large (Shoe Size 8-10.5)	1 pair	\$10.00
5903	Deluxe Criss Cross Back Support, Small, 28" to 32"	1 ct.	\$19.00
5904	Deluxe Criss Cross Back Support, Medium, 33" to 37"	1 ct.	\$19.00
5905	Deluxe Criss Cross Back Support, Large, 38" to 42"	1 ct.	\$19.00
6024	Elastic Bandage, 2" x 4.5 yd.	1 ct.	\$1.75
5398	Elastic Bandage, 3" x 5 yd.	1 ct.	\$1.75
5152	Elastic Bandage, 4" x 5 yd.	1 ct.	\$1.75
6025	Elastic Bandage, 6" x 5 yd.	1 ct.	\$3.75
5906	Heel & Elbow Protector, Small	1 ct.	\$15.00
5907	Heel & Elbow Protector, Medium	1 ct.	\$15.00
5908	Heel & Elbow Protector, Large	1 ct.	\$15.00
5909	Heel & Elbow Protector, X-Large	1 ct.	\$15.00
5732	Hip Protector, Small	1 ct.	\$34.50
5731	Hip Protector, Medium	1 ct.	\$34.50
5730	Hip Protector, Large	1 ct.	\$34.50
5733	Hip Protector, X-Large	1 ct.	\$34.50
5526	Hot Cold Reusable Pack, 5" x 10"	1 ct.	\$2.00
5734	Knee Stabilizer	1 ct.	\$19.50
5735	Knee Support, Elastic, Small	1 ct.	\$4.50
5736	Knee Support, Elastic, Small with Stays	1 ct.	\$12.75
5910	Knee Support, Elastic, Medium	1 ct.	\$4.50
5911	Knee Support, Elastic, Medium with Stays	1 ct.	\$12.75
5912	Knee Support, Elastic, Large	1 ct.	\$4.50
5913	Knee Support, Elastic, Large with Stays	1 ct.	\$12.75

Item #	Description	Count	Price
	Supports & Braces		
5914	Protective Arm Sleeve, Small	1 pair	\$15.00
5915	Protective Arm Sleeve, Medium	1 pair	\$15.00
5916	Protective Arm Sleeve, Large	1 pair	\$15.00
5917	Protective Arm Sleeve, X-Large	1 pair	\$15.00
5737	Rib Belt, Female, One Size Fits Most	1 ct.	\$12.25
5738	Rib Belt, Male, One Size Fits Most	1 ct.	\$12.25
5391	Support, Knee with U-Buttress, Medium	1 ct.	\$30.00
5392	Support, Knee with U-Buttress, Large	1 ct.	\$30.00
5388	Support, Knee with U-Buttress, X-Large	1 ct.	\$30.00
6047	Tennis Elbow Support	1 ct.	\$9.00
5561	Thumb Brace	1 ct.	\$13.00
4077	Wrist Compression, Small	1 ct.	\$9.00
4078	Wrist Compression, Medium	1 ct.	\$9.00
4079	Wrist Compression, Large	1 ct.	\$9.00
5389	Wrist Support	1 ct.	\$5.00
	Vitamins & Dietary Supplements		
4133	5-HTP Tablets, 200 mg.	30 ct.	\$28.00
4054	Acidophilus Probiotics, 500 mm.	100 ct.	\$9.00
4144	Alpha Lipoic Acid Capsule, 600 mg.	30 ct.	\$17.00
5068	Antioxidant Tablets	50 ct.	\$7.00
4149	Apple Cider Vinegar Tablet, 300 mg.	250 ct.	\$10.00
4022	Ashwagandha Capsules	60 ct.	\$26.50
6012	Beta Carotene, 7,500 mcg.	100 ct.	\$8.00
5359	Biotin Gummy, 5,000 mcg.	60 ct.	\$11.50
4426	Biotin Gummy, Sugar-Free, 5,000 mcg.	60 ct.	\$13.50
5300	Calcium, 600 mg.	60 ct.	\$5.00
5355	Calcium + Vitamin D3 Gummy, 500 mg., 25 mcg.	60 ct.	\$13.50
5739	Calcium Chew, Chocolate, 650 mg.	60 ct.	\$10.00
5181	Calcium, Oyster Shell, 500 mg.	100 ct.	\$6.00
4056	Centrum <sup>®</sup> Adults 50+ Gummy	90 ct.	\$18.00
5000	Centrum® Vitamins	130 ct.	\$24.00
4037	Chromium Picolinate, 200 mcg.	100 ct.	\$6.00
4432	Children's Multivitamin	100 ct.	\$4.50
4024	Cinnamon Capsules, 1,000 mg.	100 ct.	\$6.00
5402	Cod Liver Softgels, 400 mg.	110 ct.	\$8.00

ltem #	Description	Count	Price
	Vitamins & Dietary Supplements		
4131	Cranberry Capsules, 500 mg.	90 ct.	\$6.50
5306	Daily Multivitamin	100 ct. \$3.00	
5918	Daily Multivitamin Gummy	120 ct.	\$14.00
4424	Daily Multivitamin Gummy, Sugar-Free	60 ct.	\$14.50
6063	DHEA Hormonal Supplement, 25 mg.	90 ct.	\$9.00
5182	Echinacea, 400 mg.	100 ct.	\$10.00
5448	Eye Supplement Tablets	60 ct.	\$5.00
5740	Ferrous Gluconate Iron Supplement, 240 mg.	100 ct.	\$4.25
5299	Ferrous Sulfate Iron Supplement, 325 mg.	100 ct.	\$4.50
5271	Flaxseed Oil Softgels, 1,000 mg.	100 ct.	\$9.50
5071	Folic Acid, 400 mcg.	100 ct.	\$3.00
5668	Folic Acid, 800 mcg.	100 ct.	\$2.75
5069	Garlic Oil, 500 mg.	100 ct.	\$10.00
4023	Ginkgo Biloba Capsules, 60 mg.	50 ct.	\$5.00
4021	Ginseng Capsules, 200 mg.	50 ct.	\$5.00
6026	Glucosamine (Joint Health Support), 500 mg.	60 ct.	\$8.00
5176	Glucosamine Chondroitin, 1,500 mg., 1,200 mg.	60 ct.	\$18.00
4365	Hemp Seed Oil Softgels, 1,000 mg.	30 ct.	\$18.00
5919	Immune Support Chewables	50 ct.	\$9.00
4081	Leg Cramps Pain Relief Caplets	40 ct.	\$12.00
5436	Lutein, 20 mg.	60 ct.	\$12.00
5742	Magnesium, 250 mg.	110 ct.	\$5.75
5328	Magnesium, 500 mg.	100 ct.	\$7.00
4230	Magnesium Oxide, 400 mg.	120 ct.	\$8.00
5273	Melatonin, 3 mg.	90 ct.	\$8.00
5358	Melatonin Gummy, 5 mg.	120 ct.	\$14.00
5743	Niacin, 100 mg.	100 ct.	\$4.50
5184	Niacin, 500 mg.	100 ct.	\$5.75
5255	Niacin Flush Free, 500 mg.	60 ct.	\$9.00
5920	One Daily Men's Multivitamin	100 ct.	\$8.50
5186	One Daily Women's Multivitamin	100 ct.	\$8.50
5174	Potassium Gluconate, 595 mg.	100 ct.	\$5.00
4069	Red Rice Yeast, 600 mg.	60 ct.	\$10.00
5744	Rena-Vite	100 ct.	\$7.00
5226	Selenium, 200 mcg.	60 ct.	\$5.00

Item #	Description	Count	Price
	Vitamins & Dietary Supplements		
5132	Senior Multivitamin	90 ct.	\$7.00
4005	Senior Men's Multivitamin	100 ct.	\$10.00
4006	Senior Women's Multivitamin	100 ct.	\$10.00
5921	Stress Formula Tablets with Zinc	60 ct.	\$5.00
4060	Sundown® Naturals Daily Multivitamin Gummy, Non-GMO	50 ct.	\$11.00
4059	Sundown <sup>®</sup> Naturals Vitamin B-Complex, Non-GMO	100 ct.	\$8.00
4025	Turmeric Capsules, 500 mg.	60 ct.	\$7.00
5065	Vitamin A, 3,000 mcg.	100 ct.	\$6.50
5745	Vitamin B-1, 100 mg.	100 ct.	\$5.00
5308	Vitamin B-12, 100 mcg.	100 ct.	\$4.00
5746	Vitamin B-12, 500 mcg.	100 ct.	\$6.00
6060	Vitamin B-12, 1,000 mcg.	100 ct.	\$9.00
5922	Vitamin B-12, Sublingual, 5,000 mcg.	30 ct.	\$5.50
4098	Vitamin B-50 Complex	60 ct.	\$8.00
5747	Vitamin B-6, 100 mg.	100 ct.	\$6.00
5305	Vitamin B-Complex	100 ct.	\$4.00
5179	Vitamin B-Complex + Vitamin C	100 ct.	\$7.00
5248	Vitamin B-Complex Gummy	70 ct.	\$8.00
5301	Vitamin C, 500 mg.	100 ct.	\$6.50
5748	Vitamin C, 1,000 mg.	100 ct.	\$10.50
5492	Vitamin C Gummy, 250 mg.	60 ct.	\$11.00
5175	Vitamin D3, 10 mcg.	100 ct.	\$3.75
5183	Vitamin D3, 25 mcg.	100 ct.	\$6.50
5356	Vitamin D3 Gummy, 50 mcg.	60 ct.	\$9.00
4425	Vitamin D3 Gummy, Sugar-Free, 50 mcg.	60 ct.	\$12.50
5750	Vitamin E, 45 mg.	100 ct.	\$5.00
5269	Vitamin E, 180 mg.	110 ct.	\$10.50
5274	Zinc Tablets, 50 mg.	100 ct.	\$7.50

This product list is subject to change. Items, quantities, sizes, and values may change depending on availability. This information is not a complete description of the benefits. Items may vary based on the manufacturer and availability. Items may be added or removed at any time without notice. The brand names of the OTC items are trademarks of each company. Item costs may change from year to year. Please review the product labeling and consult with your doctor with any health or medical questions. To see the most up-to-date version of the catalog, visit your Benefits Pro Portal. NationsBenefits reserves the right the to limit the quantities of OTC items dispensed.

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- Aids and services to people with disabilities
  - o Skilled sign language interpreters
  - o Written material in other formats (large print, audio, accessible electronic formats, Braille)
- Language services to people who speak another language or have limited English skills
  - o Skilled interpreters
  - o Written material translated in your language
  - o Material that is simply written in plain language

### If you need these services, contact Molina at our toll-free number (844) 236-0894 (TTY: 711).

If you think that Molina failed to provide these services or treated you differently based on your race, color, national origin, age, disability, or sex, you can file a complaint. You can file a complaint in person by mail, or email. You can file a grievance with:

Civil Rights Coordinator 200 Oceangate, Suite 100 Long Beach, CA 90802 Toll Free: (866) 606-3889 TTY/TDD: 711 Online: MolinaHealthcare.AlertLine.com Email: civil.rights@MolinaHealthcare.com

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at Ocrportal.hhs.gov/ocr/portal/lobby.jsf or by mail or phone at:

U.S. Department of Health and Human Services 200 Independence Avenue SW., Room 509F, HHH Building Washington, DC 20201 Phone: (800) 368-1019, (800) 537-7697 (TDD) Complaint forms are available at www.hhs.gov/ocr/index.html

### Language Assistance

## Molina Healthcare of Iowa Member Services: (844) 236-0894 (TTY: 711)

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Español (Spanish): Servicios de asistencia de idiomas, ayudas y servicios auxiliares, traducción oral y escrita en letra más grande y otros formatos alternativos están disponibles para usted sin ningún costo. Para obtener esto, llame al número de arriba.

Español (Letra Grande): Servicios de asistencia de idiomas, ayudas y servicios auxiliares, traducción oral y escrita en letra más grande y otros formatos alternativos están disponibles para usted sin ningún costo. Para obtener esto, llame al número de arriba.

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Deutsch (German): Sprachunterstützung, Hilfen und Dienste, eine größere Schriftart, eine mündliche Übersetzung sowie weitere alternative Formate werden Ihnen kostenlos zur Verfügung gestellt. Um eines dieser Serviceangebote zu nutzen, wählen Sie die o. a. Rufnummer.

(Arabic): تتوفر خدمات المساعدة اللغوية، والأدوات والخدمات المساعدة، والطباعة بأحرف كبيرة، والترجمة الفورية الشفهية، وغيرها من التنسيقات البديلة من أجلك دون أي تكلف للحصول على هذه الخدمات، يُرجى الاتصال على الرقم المذكور أعلاه.

ລາວ (Lao): ບໍລິການໃຫ້ຄວາມຊ່ວຍເຫຼືອດ້ານພາສາ, ເຄື່ອງຊ່ວຍໃນການຟັງ ແລະ ການບໍລິການຕ່າງ, ຕົວພີມຂະໜາດໃຫ່ຍຸ, ການແປປາກເບົາ ແລະ ຮູບແບບທາງເລືອກອື່ນໆ ມີໃຫ້ທ່ານໂດຍບໍ່ເສຍຄ່າໃຊ້ຈ່າຍ. ເພື່ອໃຫ້ໄດ້ຮັບຂໍ້ມູນນີ້ ກະລຸນາໂທໄປທີ່ໝາຍເລກຂ້າງເທິງ. 한국어 (Korean): 언어 지원 서비스, 보조 지원 및 서비스, 대형 활자본, 통역, 기타 대체 형식을 무료로 이용하실 수 있습니다. 이를 위해 위의 전화번호로 연락해 주십시오.

हिंदी (Hindi): भाषा सहायता सेवाएं, सहायक सहायता और सेवाएं, बड़ा फ़ॉन्ट, मौखिक अनुवाद, और अन्य वैकल्पिक प्रारूप आपके लिए बिना किसी लागत के उपलब्ध हैं। इसे प्राप्त करने के लिए, कृपया ऊपर दिए गए नंबर पर कॉल करें।

Français (French): Des services gratuits d'assistance linguistique, ainsi que des services d'assistance complémentaires, des polices de caractères plus grosses, de la traduction orale et d'autres formats sont à votre disposition. Pour y accéder, appelez le numéro ci-dessus.

Pennsylvanian Deitsh (Pennsylvanian Dutch): Du kansht hilf greeya mitt dee shprohch, adda annah hilf un services in diffahndi vayya un es kosht dich nix. Fa hilf greeya adda may ausfinna, kawl da phone number do ovvah droh.

ไทย (Thai): บริการความช่วยเหลือด้านภาษา อุปกรณ์และบริการเสริม แบบอักษรขนาดใหญ่ขึ้น การแปลด้วยปากเปล่า รวมทั้งรูปแบบทางเลือกอื่น ๆ มีให้คุณใช้ได้โดยไม่เสียค่าใช้จ่าย หากต้องการใช้บริการนี้ กรุณาโทรศัพท์ติดต่อที่หมายเลขข้างต้น

Tagalog: May available na libreng mga serbisyo sa tulong sa wika, auxiliary na tulong at serbisyo, mas malaking font, pasalitang pagsasalin, at iba pang alternatibong format para sa iyo. Para kunin ito, pakitawagan ang numero sa itaas.

ကညီ (Karen): ကိုာ်တၢ်ကတိၤ တၢ်တိစၢၤမၤစၢၤ အတၢ်မၤ, ပီးလီမၤစၢၤ ပှၤနီၢံခိက့ကွဲဉ်တဖဉ်ဒီး တၢ်တိစၢၤမၤစၢၤတဖဉ်, လံာ်မဲာ်ဖျာဉ်အဒိဉ်, တၢ်ကတိၤကိုးထံ, ဒီးတၢ်အက့ၢ်ဂီၤဒိအဂၤလၢ အကဲထီဉ်တၢ်မၤစၢၤတဖဉ်နှဉ် တၢ်ဒိးန့ၢ်အီၤသ့လၢ တလၢ်ဘဉ် ကျိဉ်စ့ဘဉ်နှဉ်ဘဉ်လီၤ. လၢကဒိးန့ၢ်တၢ်အံၤအဂ်ိၢ, ဝံသးစူၤကိးဘဉ် နီဉ်ဂံၢလၢ ထးအံၤတက့ၢ်.

Русский язык (Russian): Услуги по переводу, вспомогательные средства и услуги, материалы, напечатанные более крупным шрифтом, услуги устного перевода, а также материалы в других, альтернативных, форматах предоставляются Вам совершенно бесплатно. Чтобы получить их, позвоните по указанному выше номеру телефона:



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For orders by mail, fill out the information below and use the back of this form to order products. *Mail orders will be processed in 5-7 days.* 

**Only this form will be used for orders**. Alternate or non-standard forms are not acceptable and will result in an order not being placed. To ensure your order is processed correctly please write **LEGIBLY** and use **BLACK INK ONLY**.

Member ID			Date of Birth	
First Name		Last Name		
Street #	Street Name		Apt./Suite #	
City		State	Zip Code	
Phone	Email			
Send the complet	ed order form using the post	age-paid envelope to:		

NationsBenefits 1700 N. University Drive Plantation, FL 33322

I understand that the phone numbers and/or emails I provided on this form may be used by NationsBenefits or any of its contracted parties to contact me about my account, my health benefit plan or related programs, or services provided to me.

**IMPORTANT:** Due to the added time to receive your request by mail, we encourage you to allow extra time when mailing your order. Your order will be processed in the benefit period that it is received. If you want your order applied to the current benefit period, we recommend placing your order online or by phone.



**IMPORTANT: Only this form will be used for orders**. Alternate or non-standard forms are not acceptable and will result in an order not being placed. To ensure your order is processed correctly please write **LEGIBLY** and use **BLACK INK ONLY**.

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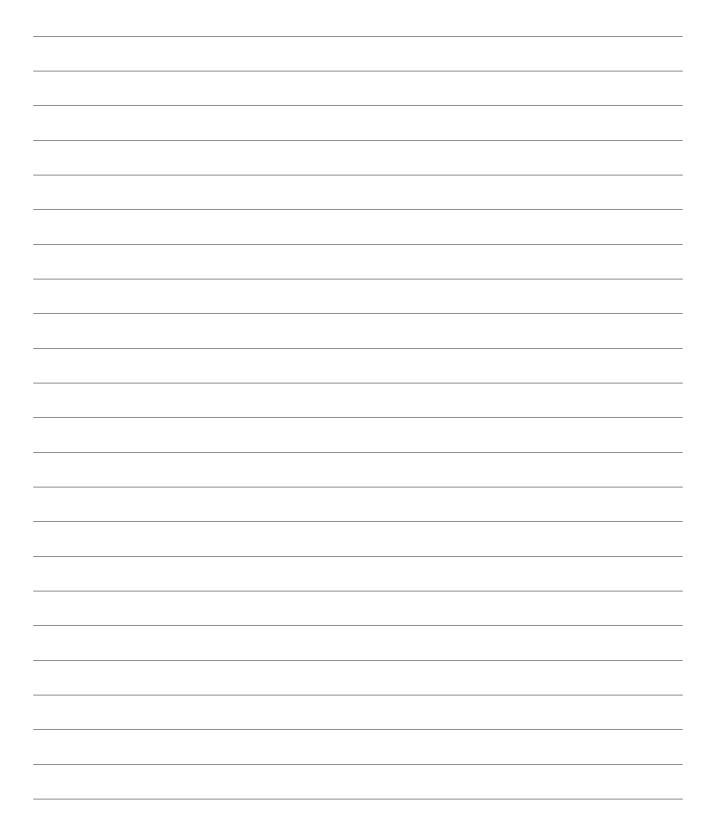
TEM #	DESCRIPTION	PRICE	QUANTITY	TOTAL
				\$
				\$
				\$
				\$
				\$
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				\$

**NOTE:** Order forms will be processed during the benefit period in which they are received.

If you have any questions or need assistance placing your order, please call NationsBenefits at **877-391-6245 (TTY: 711)**. Member Experience Advisors are available 8 a.m. - 8 p.m. local time. Language support services are available free of charge.

## Notes:

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