

Opt Out Notice: Medical Maternal Mental Health Treatment Network

You're receiving this notice as you've been identified as a provider of maternal mental health (MMH) services; this includes treatment of conditions such as perinatal and postpartum depression, anxiety disorders, post-traumatic stress disorder, bipolar illness (which may include psychotic symptoms), and substance use disorders, occurring within 12 months postpartum. As such, you're being opted in to provide services through your Molina's MMH treatment network.

- In accordance with Senate Bill (S.B.) 750, 86 Legislature, Regular Session, 2019, HHSC established MCO requirements around the referral of members with MMH conditions to an identified network of maternal mental health providers.

HHSC is allowing for a phased approach for MCOs to identify and add providers to their MMH treatment networks. Phase 1 must be implemented by July 26, 2024, and includes listing **behavioral health providers** who have been identified to serve women with MMH conditions in MCOs' online provider directories and informing impacted providers.

The goal of the MMH treatment network is to increase the accessibility of clinical postpartum services for Medicaid members, ultimately improving maternal health outcomes and promoting overall well-being for mothers and their families. To help achieve this goal, MCOs and providers will collaborate to facilitate the referral of members who screen positive for a MMH condition to identified MMH providers in their Networks to confirm diagnosis and provide treatment as deemed medically necessary. Further information around MMH implementation requirements can be found in the UMCM 3.34 Online Provider Directory and UMCM Chapter 16.1.15.3.9 Maternal Mental Health Treatment Network.

ACTION:

- If you agree to be designated as a MMH provider, you don't need to take any action at this time. Molina will follow up with you for next steps.
- If you want to opt out of providing MMH services, please notify Molina as soon as possible.
 - To opt out, please contact Molina by e-mail at MHTContractRequest@MolinaHealthcare.com. Please use the subject line "MMH Program Opt-Out" and include:
 - Provider Name(s)
 - Group Name, if applicable
 - Provider(s) NPI
 - Group NPI, if applicable
 - Tax ID

- Provider/Group contact person with email and phone number
- NOTE: informing Molina that you don't want to provide MMH services after June 21, 2024 will result in your being noted as a MMH Provider in Molina's online provider directory until the directory can be updated.
- If you participate in multiple Medicaid MCO networks, you'll need to follow up with each of your MCOs separately.

Additional information and MMH training materials can be found on our website at MolinaHealthcare.com.

Please direct questions about this notice to MHTXProviderServices@MolinaHealthcare.com.