

**THIS CA UPDATE HAS BEEN SENT TO THE FOLLOWING:****COUNTIES:**

- Imperial
- Riverside/San Bernardino
- Los Angeles
- Orange
- Sacramento
- San Diego

**LINES OF BUSINESS:**

- Molina Medi-Cal Managed Care
- Molina Medicare Options Plus
- Molina Marketplace (Covered CA)

**PROVIDER TYPES:**

- Medical Group/ IPA/MSO**
  - Primary Care**
  - IPA/MSO
  - Directs
  - Specialists**
  - Directs
  - IPA
- Hospitals**
  - Ancillary**
  - CBAS
  - SNF/LTC
  - DME
  - Home Health
  - Other

## Initial Health Appointment APL 22-030

This is an advisory notification to Molina Healthcare of California (MHC) network providers to provide guidance regarding the requirements of the Initial Health Appointment (IHA) beginning January 1, 2023. This APL supersedes APL 13-017 and Policy Letters (PL) 13-001 and 08-003.

This notification is based on an All-Plan Letter (APL) 22-030, which can be found in full on the Department of Health Care Services (DHCS) website at: <https://www.dhcs.ca.gov/formsandpubs/Documents/MMCDAPLsandPolicyLetters/APL2022/APL22-030.pdf>

### **BACKGROUND**

As part of the Population Health Management (PHM) Program, DHCS is updating policies to streamline the initial screening process for Members, which includes changes to the name and to the Initial Health Assessment process.

The IHA occurs during a member's encounter with a Provider within the primary care medical setting. During the IHA, the Provider assesses and manages the acute, chronic, and preventative health needs of the Member. The APL and PLs superseded by this APL require the Initial Health Assessment to include an age-appropriate Individual Health Education Behavioral Assessment (IHEBA) or a Staying Healthy Assessment (SHA) for each Member.

### **POLICY**

An IHA must be completed for all Members and periodically re-administered according to requirements in the PHM Policy Guide and MHC Contract requirements.

An IHA:

- Must be performed by a Provider within the primary care medical setting.
- Is not necessary if the Member's Primary Care Physician (PCP) determines that the Member's medical record contains complete information that was updated within the previous 12 months.
- Must be provided in a way that is culturally and linguistically appropriate for the Member.
- Must be documented in the Member's medical record.

An IHA must include all of the following:

- A history of the Member's physical and mental health;
- An identification of risks;
- An assessment of need for preventive screens or services;
- Health education; and
- The diagnosis and plan for treatment of any diseases.

## **QUESTIONS**

If you have any questions regarding the notification, please contact your Molina Provider Services Representative. Please refer to the phone numbers listed below:

| <b>Service County Area</b>        | <b>Provider Services Representative</b> | <b>Contact Number</b> | <b>Email Address</b>   |
|-----------------------------------|---|-----------------------|--|
| California Hospital Systems       | Deletha Foster                          | 909-577-4351          | <a href="mailto:Deletha.Foster@molinahealthcare.com">Deletha.Foster@molinahealthcare.com</a>                   |
|                                   | Shelly Lilly                            | 858-614-1586          | <a href="mailto:Michelle.Lilly@molinahealthcare.com">Michelle.Lilly@molinahealthcare.com</a>                   |
| Los Angeles                       | Clemente Arias                          | 562-517-1014          | <a href="mailto:Clemente.Arias@molinahealthcare.com">Clemente.Arias@molinahealthcare.com</a>                   |
| Los Angeles / Orange County       | Maria Guimoye                           | 562-549-4390          | <a href="mailto:Maria.Guimoye@molinahealthcare.com">Maria.Guimoye@molinahealthcare.com</a>                     |
| Sacramento                        | Jennifer Rivera Carrasco                | 562-542-2250          | <a href="mailto:Jennifer.RiveraCarrasco@molinahealthcare.com">Jennifer.RiveraCarrasco@molinahealthcare.com</a> |
| San Bernardino                    | Luana McIver                            | 909-501-3314          | <a href="mailto:Luana.Mciver@molinahealthcare.com">Luana.Mciver@molinahealthcare.com</a>                       |
| San Bernardino / Riverside County | Vanessa Lomeli                          | 909-577-4355          | <a href="mailto:Vanessa.Lomeli2@molinahealthcare.com">Vanessa.Lomeli2@molinahealthcare.com</a>                 |
| San Diego / Imperial County       | Briana Givens                           | 562-549-4403          | <a href="mailto:Briana.Givens@molinahealthcare.com">Briana.Givens@molinahealthcare.com</a>                     |
|                                   | Carlos Liciaga                          | 858-614-1591          | <a href="mailto:Carlos.Liciaga@molinahealthcare.com">Carlos.Liciaga@molinahealthcare.com</a>                   |
|                                   | Salvador Perez                          | 562-549-3825          | <a href="mailto:Salvador.Perez@molinahealthcare.com">Salvador.Perez@molinahealthcare.com</a>                   |

*If you are not contracted with Molina and wish to opt out of the Just the Fax, email: [mhcproviderjustthefax@molinahealthcare.com](mailto:mhcproviderjustthefax@molinahealthcare.com)  
Please include provider name and fax number and you will be removed within 30 days.*