

HEDIS[®] Tips:

Hemoglobin A1c Control for Patients With Diabetes (HBD)

MEASURE DESCRIPTION

The percentage of members 18–75 years of age with diabetes (types 1 and 2) whose hemoglobin A1c (HbA1c) was at the following levels during the measurement year:

- HbA1c control (<8.0%).
- HbA1c poor control (>9.0%).

Required Exclusion: Members who do not have a diagnosis of diabetes, in any setting, during the measurement year or the year prior to the measurement year and who had a diagnosis of polycystic ovarian syndrome, gestational diabetes or steroid-induced diabetes, in any setting, during the measurement year or the year prior to the measurement year.

CODES INCLUDED IN THE CURRENT HEDIS[®] MEASURE

| Description | Code |
|--|--|
| Codes to Identify Diabetes | ICD-10: E10, E11, E13, O24 |
| HbA1c Lab Test | CPT [®] : 83036, 83037 |
| HbA1c Test Result HbA1c <7.0 | CPT [®] II: 3044F |
| HbA1c Test Result HbA1c >9% | CPT [®] II: 3046F |
| HbA1c Test Result HbA1c ≥7.0 to <8.0 | CPT [®] II: 3051F |
| HbA1c Test Result HbA1c >8.0 to ≤9.0 | CPT [®] II: 3052F |
| Telephone Visits | CPT [®] : 98966-98968, 99441-99443 |
| Telehealth Modifier | 95, GT with POS : 02 |
| Online Assessments (E-visits or Virtual check-in) | CPT [®] : 98969-98972, 99421-99423, 99444, 99457 HCPCS: G2010, G2012, G2061-G2063, G0071 |

HOW TO IMPROVE HEDIS[®] SCORES

- Review diabetes services needed at each office visit.
- Order labs prior to patient appointments.
- Schedule **telehealth, telephone, e-visit** or **virtual check-in** appointments to diagnose patients with diabetes and acquire controlled blood pressure readings.
- Bill for point of care testing if completed in office and ensure HbA1c result and date are documented in the chart.
- Adjust therapy to improve HbA1c and BP levels; follow-up with patients to monitor changes.
- Prescribe statin therapy to all diabetics age 40 to 75 years.
- Refer patients for Health Management interventions and coaching by contacting Health Care Services at Molina Healthcare.

The CDC recommends individuals diagnosed with diabetes get an A1C test at least twice a year and more often if their medication changes or if they have other health conditions.

Reference: Centers for Disease Control and Prevention. (2021, August 10). *All about your A1C*. Centers for Disease Control and Prevention. Retrieved from <https://www.cdc.gov/diabetes/managing/managing-blood-sugar/a1c.html>

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