

HEDIS® Tips:

Use of First-Line Psychosocial Care for Children and Adolescents on Antipsychotics (APP)

MEASURE DESCRIPTION

The percentage of children and adolescents 1-17 years of age who had a new prescription for an antipsychotic medication and had documentation of psychosocial care as first-line treatment. Member has a documented claim/encounter of:

- At least one acute inpatient encounter with a diagnosis of schizophrenia, schizoaffective disorder, bipolar disorder, other psychotic disorder, autism or other developmental disorder during the measurement year.
- At least two visits in an outpatient, intensive outpatient or partial hospitalization setting, on different dates of service with a diagnosis of schizophrenia, schizoaffective disorder, bipolar disorder, other psychotic disorder, autism or other developmental disorder during the measurement year.

CODES INCLUDED IN THE CURRENT HEDIS® MEASURE

Description	Code
Psychosocial Care	CPT®: 90832-90834, 90836-90840, 90845-90847, 90849, 90853, 90875, 90876, 90880 HCPCS: G0176, G0177, G0409-0411, H0004, H0035-H0040, H2000, H2001, H2011-H2014, H2017-H2020, S0201, S9480, S9484, S9485
Telephone Visits	CPT®: 98966, 98967, 98968, 99441, 99442, 99443
Telehealth Modifier	95, GT with POS: 02
Online Assessments (E-visits or Virtual Check-in)	CPT®: 98969-98972, 99421-99421-99423, 99444, 99457 HCPCS: G0071, G2010, G2012, G2061-G2063

MEDICATIONS

Type	Description	Prescription
Antipsychotic	Miscellaneous Antipsychotic Agents	Aripiprazole, Asenapine, Brexpiprazole, Cariprazine, Clozapine, Haloperidol, Iloperidone, Loxapine, Lurasidone, Molindone, Olanzapine, Paliperodine, Pimozide, Quetiapine, Risperidone, Ziprasidone
Antipsychotic	Phenothiazine Antipsychotics	Chlorpromazine, Fluphenazine, Perphenazine, Thioridazine, Trifluoperazine
Antipsychotic	Thioxanthenes	Thiothixene
Antipsychotic	Long-acting Injections	Aripiprazole, Aripiprazole lauroxil, Fluphenazine decanoate, Haloperidol decanoate, Olanzapine, Perphenazine palmitate, Risperidone
Antipsychotic Combination	Psychotherapeutic Combinations*	Fluoxetine-olanzapine, Perphenazine-amitriptyline
Prochlorperazine	Phenothiazine Antipsychotics	Prochlorperazine

*Please submit a request for coverage when prescribing Psychotherapeutic Combination medications.

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HOW TO IMPROVE HEDIS® SCORES

- Establish a baseline and continuously monitor metabolic indices to ensure appropriate management of side effects of antipsychotic medication therapy.
- Complete a thorough evaluation and coordination for new child/adolescent patients taking antipsychotics medications with the mental health professional to ensure that all medications are addressing current symptoms for the patient's ongoing stability and recovery.
- Monitor children and adolescents prescribed antipsychotics closely as they are more at risk for serious health concerns, including weight gain, extrapyramidal side effects, hyperprolactinemia and some metabolic side effects including glucose and cholesterol levels.
- Monitor female children/adolescents treated with certain antipsychotics closely as they may also be at increased risk for gynecological problems.
- Educate and inform parents/guardians of the increased side effect burden of multiple concurrent antipsychotics on children's health and the implications for future physical health concerns including obesity and diabetes.
- Ensure the parents have an understanding of the local community support resources and what to do in the event of a crisis.
- Consider prescribing long-acting injectable medication options for non-compliance issues.
- Schedule telehealth appointments for patients who had a new prescription for an antipsychotic medication.

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