

Provider Bulletin

Molina Healthcare of New Mexico, Inc.

February 27, 2025

Spotlight: Expanding Telehealth Access in New Mexico with Ouma

Telehealth is transforming healthcare in New Mexico, making maternal care more accessible than ever. Ouma, a virtual care service specializing in maternal health, provides an extra layer of support for pregnant and postpartum patients—*enhancing, not replacing, the care provided by OB/GYNs.*

Ouma offers a comprehensive care team that includes fetal specialists, nurse practitioners, midwives, lactation specialists, behavioral health professionals, and social workers. Their services address health-related social needs and provide support for substance use treatment.

Why Ouma?

- **Complementary Support:** Works alongside OB/GYNs to provide additional guidance and care.
- **Expert Maternal Health Services:** Virtual consultations with specialists to address pregnancy and postpartum concerns.
- **Convenient & Accessible:** No travel required; patients receive care from the comfort of home.
- **Self-referral:** Patients can directly connect with Ouma by calling 1-833-234-

1265. To learn more about Ouma, please visit www.oumahealth.com.

Stay tuned for more telehealth resources, vendor spotlights, and best practices to enhance patient care across New Mexico. Have questions or need support? Contact Bianca.Paulette@MolinaHealthcare.com to learn more!

Provider Training

Mandatory Annual Medicaid Provider Training is still available virtually and is offered in a two-part series. Register for Molina's virtual Provider Orientation course: *Welcome to Molina Healthcare of New Mexico: Onboarding Training*, and the specialty training that matches your organization type, ITU, Behavioral Health, or LTSS. Please note physical health providers only need to take the onboarding series.

For a complete list of training and resources, please visit [Training Resources, Availability Essentials Portal \(molinahealthcare.com\)](#) or [New Mexico Providers Home \(molinahealthcare.com\)](#).

Quality Initiative: Encouraging Heart Health

As healthcare providers, it is imperative to prioritize heart health in our patients. Regular reminders and proactive measures can significantly impact their cardiovascular well-being. Here are some key steps to help your patients stay heart-healthy:

- **Regular Check-ups:** Encourage patients to schedule regular appointments for heart health monitoring. Early detection of issues can prevent serious conditions.
- **Balanced Diet:** Advise patients to maintain a diet rich in fruits, vegetables, whole grains, and lean proteins while reducing sodium and unhealthy fats.
- **Exercise:** Recommend at least 150 minutes of moderate aerobic activity or 75 minutes of vigorous activity per week. Regular exercise strengthens the heart and improves circulation.
- **Smoking Cessation:** Remind patients of the adverse effects of smoking on heart health and provide resources to help them quit.
- **Stress Management:** Encourage techniques such as mindfulness, yoga, or counseling to manage stress, which can impact heart health.

Know Your Blood Pressure

Educating patients about their blood pressure is crucial. High blood pressure, or hypertension, is often called the "silent killer" because it typically has no symptoms but can lead to severe health issues such as heart attack or stroke. Here are some key points to discuss with your patients:

- **Regular Monitoring:** Advise patients to check their blood pressure regularly, either at home or during office visits.
- **Understanding Readings:** Teach patients how to interpret their blood pressure readings and the importance of maintaining a normal range.
- **Lifestyle Adjustments:** Suggest lifestyle changes, such as a balanced diet, regular exercise, and reducing alcohol intake, to help manage blood pressure.

Billing for Blood Pressure Codes

Providers capture blood pressure checks through detailed and accurate documentation during patient visits. This involves recording the patient's blood pressure readings, noting any relevant symptoms, and outlining any recommended interventions or changes in treatment plans.

Accurate coding is also vital, using the appropriate ICD-10 and CPT codes to reflect the services provided. Regular training and updates for providers on coding practices can ensure that blood pressure checks are properly documented and billed, leading to optimal patient care and proper reimbursement.

HEDIS® Tip Sheet **Blood Pressure Control for Patters with Hypertension (BPCE)**

Measure Description

The percentage of members 18-85 years of age who had a diagnosis of hypertension (HTN) and whose blood pressure (BP) was <140/90 mm Hg during the measurement year.

Product Lines: Marketplace, Medicaid, Medicare

Codes Included in the Current NEDIS® Measure

Description	Code
Essential Hypertension	ICD-10:110
Outpatient and Telehealth without UBREV	CPT: 98966-98968, 98970-98972, 98980, 98981, 99202-99205, 99211-99215, 99242- <i>without</i> UBREV99245, 99341-99342, 99344-99345, 99347-99350, 99381-99387, 99391-99397, 99401-99404, 99411, 99412, 99421-99423, 99429, 99441-99443, 99455-99458, 99483 HCPCS: G0071, G0402, G0438, G0439, G0463, G2010, G2012, G2250-G2252, T1015
Exclude Settings/Visits:	
Acute Inpatient	CPT: 99221-99223, 99231-99236, 99238, 99239, 99251-99255, 99255
Acute Inpatient POS	POS: 21, 51
ED	CPT: 99281-99285 UBREV: 0450-0452, 0456, 0459, 0981

Codes to Identify Blood Pressure Readings

Description	Code
Systolic Blood Pressure	CPT II: 3074F (Less than 130 mm Hg) CPTII: 3075F (Between 130-139 mm Hg) CPT II: 3077F (Greater than/equal to 140 mm Hg) <i>Note:</i> Do not include codes with CPT CAT II Modifier: 1P-2P, 8P. Do not include BPs taken in an acute inpatient setting or during an ED visit with POS 23.
	CPTII: 3078F (Less than 80 mm Hg) CPTII: 3079F (Between 80-89 mm Hg) CPT II: 3080F (Greater than/equal to 90 mm Hg) <i>Note:</i> Do not include codes with CPT CAT II Modifier: 1P-2P, 8P. Do not include BPs taken in an acute inpatient setting or during an ED visit with POS 23.

By following these guidelines, we can collectively work towards a healthier population, reducing the risk of heart-related illnesses and improving overall well-being.



Availity Essentials is Molina’s exclusive provider portal

Not registered with Availity Essentials? Register and get started with Availity to securely submit claims, check eligibility, submit service authorization requests, appeals, and more at: <https://www.availity.com/molinahealthcare> or by calling 1-800-AVAILITY (1-800-282-4548) for additional help.

Only the person who will become the organization’s primary administrator needs to register. Before you get started, gather this information for your organization:

- Physical and billing address(s)
- Tax ID (EIN or SSN)
- NPI
- Primary specialty/taxonomy

To register as a billing service, dental provider, or an atypical provider, please visit [Availity's Getting Started Page](#) for additional registration information.

Project ECHO: Don’t Miss These Opportunities to Improve Perinatal Health!

Join the *Improving Perinatal Health ECHO* this month for two insightful sessions focused on enhancing maternal care. These interactive discussions bring together local and national experts to share best practices, case studies, and guidance on critical perinatal health issues.

Upcoming Sessions:

- March 3, 2025, | 12:00 PM – 1:00 PM
[Diabetic Ketoacidosis in Pregnancy](#)
- March 17, 2025, | 12:00 PM – 1:00 PM
[The Role of Behavioral Support in Gestational Diabetes Management](#)

Pregnancy-related complications remain a pressing concern in New Mexico and across the U.S. The *Improving Perinatal Health ECHO* fosters collaboration among healthcare providers to advance obstetric care, share expertise, and improve outcomes for mothers and babies. [Don’t miss the chance to learn and connect—register today!](#)

Additionally, did you know New Mexico has a contraception mentoring program for providers? Use the link below to learn more about their 2025 Contraception Webinar Series! Register here: <https://www.eventbrite.com/o/contraception-mentoring-program-14848101209>

Explore the full directory of ECHO programs here: <https://iecho.org/echo-institute-programs/>.

Provider Online Directory: Has your information changed?

Our Members rely on accurate provider information to find care. We must know about any changes to your practice, such as new addresses or phone numbers, as soon as possible. We need to be informed of demographic changes to ensure the accuracy of our provider directory and systems and the mailing of checks and correspondence to the correct location. Take the following steps to notify Molina and the NPI Registry of any changes:

- Update your demographic information using Molina's [Provider Change Form](#).
- Update the [National Provider Identifier Registry](#) if you have an NPI.
- Update your information through the [National Plan & Provider Enumeration System website](#), or
- Download and mail in the Centers for Medicaid & Medicare Services' [NPI update form](#). Instructions are provided online in the [NPPES FAQs](#). See the [CMS website](#) for more on NPIs.

Federal law requires that directory information be verified every 90 days even if it hasn't changed. Additionally, members must be notified of any address change before an appointment. For changes like PCP termination, provider affiliation and reassignment to a new PCP, CMS requires that we send a written notice or call the member at least 30 calendar days before the effective date of the change. So, if you move to a new location, contract with a new medical group or retire, you must give us proper written notice so we can make the necessary changes and have time to notify affected members. This will help us ensure payment is not disrupted. It also prevents you from having to go through the recredentialing process.

In addition, Molina has implemented a new process change for initial credentialing submissions. The submission will be denied if an email address is not included on the provider information forms. Before submitting, please ensure an email address is provided on the initial credentialing request.

Helpful resources

Molina provider websites:

- [Marketplace](#)
- [Medicaid](#)
- [Medicare](#)

Please email your general inquiries to MHNM.ProviderServices@MolinaHealthcare.com, and they will be routed to the appropriate individual. Thank you for your commitment to serving Molina Healthcare of New Mexico members and the community.