

Prenatal Visits

Schedule your first prenatal visit as soon as you think or know you are pregnant.

At your first visit your doctor will:

- Take a complete medical history
- Review your history
- Discuss screenings based upon your personal history
- Do a urine and blood test to make sure you are healthy
- Do tests to make sure you do not have any sexually transmitted infections (STIs)
- Complete a physical and pelvic exam
- Review any medications and vitamins you are taking
- Discuss how you can take care of yourself while you are pregnant
- Determine your expected delivery date

After the first visit, you'll have shorter visits about once a month.

The frequency of your visits will depend on:

- Your medical history
- How your pregnancy is going
- Your doctor's advice

A common schedule for prenatal visits is:

Weeks Pregnant	Frequency of Visits
First visit	Get prenatal care as soon as you know you are pregnant.
6 to 28 weeks	Monthly
28 to 36 weeks	Every 2-3 weeks
36 to 40 weeks	Weekly
Over 40 weeks	At least weekly
Postpartum	7 to 84 days after delivery

Note: Visits may be more often if your doctor feels it is necessary, or if your pregnancy is high risk.